

## NOVEMBER 23, 2015 • Plan To Attend Our *Bazaar*

Fifty years ago the Auxiliary of Four Counties Health Services discussed how to raise money for the new hospital which was being built in Newbury and opened December 3, 1966. Ever since the active Auxiliary has raised funds and provided many volunteer hours. On November 23, 2015 from 10 to 3 pm the Auxiliary will host a fall bazaar in the Front Lobby and Auditorium of the hospital. In addition to many local vendors, the Gift Shop and Bookstore will offer giftware and donated books at special prices. Art print sales and Nevada tickets will also be available. **A highlight of our bazaar is the bake table filled with homemade treats such as pies, cakes, loaves, and cookies, sales starting at 10:00 am.**

Vendors wishing to book space for the bazaar should contact:

**Jackie Herdman: 519-693-7111 X 2414**

Plan to join us for our wonderful **DELI LUNCHEON** held from **11:00 am - 1:30 pm** that offers a choice of hearty chili or one of two delicious soups with sandwich, fresh fruit salad, cookies and refreshments. **STILL ONLY \$5.00!**

## FCHS Auxiliary Update

### Fund Raising Events

This year thanks to the generosity of Dowler Karn, 2 stainless steel barbecues were raffled during the July 17th FCFS Foundation Golf Tournament. \$3,240 was raised towards Four Counties Health Services Digital X-Ray suite from the sale of raffle tickets. During the fiscal year \$17,200 was donated by the Auxiliary to the Foundation. These funds were raised through spring and fall bazaars, spring barbecue raffle, fall quilt raffle, plant sale, Nevada ticket sales, art print sales in the hospital/community businesses and the Gift Shop/Bookstore. Please consider joining our Auxiliary and/or our volunteers for a rewarding experience that helps our local hospital.

### New 50/50 Draw

Tickets are now on sale for a 50/50 draw that is being offered by the Auxiliary. Tickets are available in the Four Counties Hospital Emergency Department and Front Lobby. The draw is to be held February 12, 2016 just in time for a Valentine's Day treat. **Tickets are \$2 each or 3 for \$5.**

## Adult Day Program



Pictured at a recent "Sunshine Club" day are: Barb Crowell, Mary Ducharme-CCAC Care Coordinator, Dorothy Pringle, Helen Tyrell, Patti Hart- ADP Assistant, Lin McCann-ADP Coordinator, Steph Ouellet- FCFS Site Director and VP of Strategic Partnerships, Linda Dunn-Manager of Community Support Programs, Lillian Cameron and Loretta Johnson- Program Volunteers, Anne Goens, Tammy Carlidge-Program Assistant, Cathy Long and George Lupsor.

October was Community Support Month across Ontario. FCFS has been providing the Adult Day Program (ADP) since 1987, with over 1,100 patient visits in 2014. This program helps to support seniors and adults with disabilities who live independently in the community. **It also provides respite to family caregivers.**

Better known as "The Sunshine Club", the Four Counties ADP operates **Wednesdays**,

### Gift Shop

New merchandise arriving for Fall and Winter. Scarves, ladies' tops, jewellery, greeting cards and home decor items including new hammered metal reindeers. Honey and a wide variety of and relishes, jams, jellies that include our best-seller "sweet red pepper jelly" have been stocked. **Remember, you pay NO TAX!**

### Book Store

Many donations by our community members have provided a wide selection of reading material. To date our book sales over the last 5 years, since we opened have raised an amazing **\$20,907** for the hospital. In the Bookstore hardbacks are only \$3, paperbacks \$2 and in the Lounge across the hall, all books are \$1. The cart in the hall offers specials at 25 cents. Gently used books can be donated to a volunteer between 9:30 am and 2 pm, Monday to Friday or left on the shelf in the Patient Lounge marked "Donations" The Bazaar will provide a great opportunity to stock up on winter reading at great prices. *Thank you for your book donations.*

**Thursdays and Fridays from 10am to 3pm.** At the modest cost of \$10/day, the program offers fun activities, exercises, a hot meal and snacks, in addition to important social interaction.

**Call today for more information on this great program 519-693-7111 Ext #2443 or #2478**

## VOLUNTEER OPPORTUNITIES

CALL FOR MORE INFORMATION  
**519-693-4441 x 5595**

Perhaps Volunteering has never been a part of your lifestyle before now, but if you have a few hours to spare there are opportunities for you to become involved in your community at Four Counties Health Services.

**We currently have Volunteer opportunities in our Physiotherapy Department, Adult Day Program, Book Store or Gift Shop.**

If you enjoy meeting new people and want to make a difference in your community, come and Volunteer!



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## ER/HOSPITAL FALL 2015 APPEAL



**Steph Ouellet**  
VP Strategic Partnerships/  
FCFS Site Director

Dear friends,  
Since I started in my new role at Four Counties Health Services eight months ago, it has been a pleasure to serve the hospital and its surrounding community. I have been truly amazed at the community's support for the hospital and the commitment of our staff and physicians in caring for our patients. We are proud of recent improvements at our site, including but not limited to the addition of a new palliative care room, the creation of a memory clinic program, and raising awareness of our great Adult Day Program.

Nowhere has our commitment to you been more evident than with the creation of a new Digital Imaging (X-Ray) suite. As a result of your support of the Four Counties Health Services Foundation, construction is underway and we look forward to welcoming you to the suite's grand opening in early 2016.

**Our organization continues to look ahead, towards the future. We have an ongoing need to replace crucial patient care equipment, and will need your support in the Foundation's Fall Campaign. Your ongoing commitment means that we will be able to replace aging equipment located primarily in the Emergency department, but also supporting the Active Care Nursing Unit and Ambulatory Care areas of the hospital, all of which provide us the capacity of keeping your care "closer to home".**

We hope that you will share our enthusiasm for the hospital's future growth, and that you will consider generously supporting your Foundation to help us achieve those goals.

Thank you,

*Stephane Ouellet*

**Steph Ouellet**  
VP Strategic Partnerships / FCFS Site Director  
Middlesex Hospital Alliance  
Four Counties Health Services Site

## ER/Hospital 2015 Fall Appeal

**ER - Automated Drug Dispensing Cabinet** **\$53,000**

*Automated dispensing cabinet: enhancing patient safety using bar coding technology for medication dispensing*

**ER and IP - IV Infusion Pumps x 10** **\$45,000**

*Intravenous (IV) infusion pumps to provide IV solutions and medications to patients.*

**ER - Blanket and Fluid Warmer** **\$11,500**

*Blanket Warmer & Fluid warmer. Helps to maintain patients core temperature when required*

**ER - Patient Stretchers x 2** **\$10,000**

*Stretchers are used to assist in the in-house transport of patients and as Treatment/Examination beds in the emergency department*

**Ambulatory Care - Portable monitors** **\$4,000**

*Concise Portable Monitor with Printout that is used to take patient's vital signs - temperature, blood pressure and oxygen saturation*

**ER and Collection Centre - Point of Care Analyzer** **\$10,500**

*Routine Point of Care (POC) analyzer*

**ER and Collection Centre - Centrifuges x 2** **\$11,000**

*Spins blood sample after collection to separate whole blood into its various components for testing purposes*

**TOTAL - 2015 FALL APPEAL \$145,000**



Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ Province: \_\_\_\_\_  
Postal Code: \_\_\_\_\_

**YES! Here's my gift to help support the ER/Hospital Fall 2015 Appeal.**

Donation Amount: \$ \_\_\_\_\_

Payment Method:  CHEQUE  VISA  MASTERCARD

Card No.: \_\_\_\_\_ Expiry: \_\_\_\_\_

Signature: \_\_\_\_\_

Email: \_\_\_\_\_

**YES!** I would like to join the **Monthly Giving Program**

CHARITABLE REG. # 11892 9546 RR0001

1824 Concession Dr., R.R. #3 Newbury, ON N0L 1Z0

Tel: (519) 693-4441, ext 2438 Fax: (519) 693-7084 Email: info.fchsfoundation@mha.tvh.ca

## Volunteer Board Members

- Paula Downs - Chair
- Terry Eckersley
- Tim Hamilton
- Nick Vandergulik
- Steph Ouellet - FCHS Site Director
- Bill Montgomery - MHA Board Rep
- Sue McLean - SMGHF Rep
- Jackie Herdman - Aux Rep
- Martha Wortner - Admin Assistant

## Interested in Joining the Four Counties Health Services Foundation Board?

Four Counties Health Services Foundation located in Newbury is responsible for developing relationships and raising funds to support Four Counties Health Services site.

The Four Counties Health Services site provides primary hospital care services in the western half of Middlesex County, parts of Elgin County, parts of Chatham-Kent and Southeast Lambton County.

Four Counties Health Services Foundation Board of Directors is in the process of recruiting new board members due to the expiry of board member terms. We invite applications from persons who reside in the area and are interested in using their expertise to make a difference in their own community.

If you are interested in joining the Four Counties Health Services Foundation Board we would like to hear from you.

On behalf of the board of Directors we invite you to contact:

**Martha Wortner**  
519-693-4441 x 2438  
martha.wortner@mha.tvh.ca  
1824 Concession Drive,  
Newbury, ON N0L 1Z0



## A Message from the Board Chair

As we close 2015, gratitude comes to mind. There is a lot to be thankful for. I am personally thankful for good health and the health of my loved ones. I appreciate that without a strong medical system in place, we would not be so lucky. Again, the community has shown great support for the Foundation and the hospital through its generous donations. We are lucky to live in a close-knit community that supports one another and works together to reach significant financial goals that are focused on improving and maintaining our hospital. Though small we are mighty!

We have successfully met our financial target for the purchase of the new x-ray suite and equipment at Four Counties. We hope to "cut the ribbon" on this achievement in January 2016 – please stay tuned for more details! However, this accomplishment does not mean that we are finished. Our new focus is on updating our ER. I cannot imagine a more significant area in a hospital that is deserving of such attention. In our rural community, when an accident occurs – we are all affected. Most importantly, we want to be assured that if someone we care for is involved in that accident, we are confident to know that all of the necessary resources are readily available.

If you are interested in supporting the Foundation through direct volunteerism, please contact Martha Wortner for more details about the responsibilities associated with becoming a member of the Foundation Board. You will make a difference.

Don't forget to check out the upcoming events on our website at [www.fchsfoundation.ca](http://www.fchsfoundation.ca). Watch for specialized events on Facebook. Your continued support of the Foundation and the Four Counties hospital is greatly appreciated. Please do not hesitate to contact the Foundation Board with any questions or concerns you may have.



## Welcome New Board Member Nick Vandergulik

## FCHS Memory Clinic Launch

Laura Waller, NP

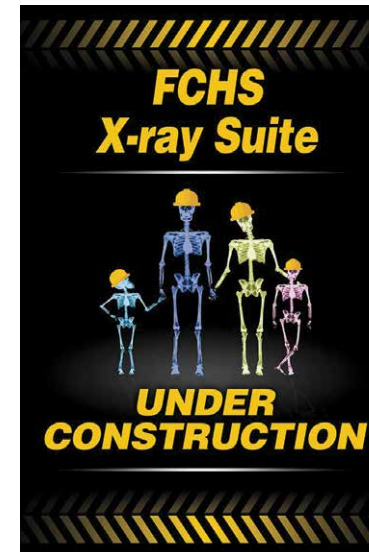


Memory Clinic team members (L to R Farzana Zaman FHT S.W., Xiaofei Huang, MHA Pharmacist, Alyssa Straatman, FHT RN, Laura Waller FCHS NP, Dr. Robert Parnell, Paul Yost, Nancy O'Regan (absent) Alzheimer's Society.

I am pleased to announce that the Four Counties Health Services/Family Health Team Memory Clinic officially launched on June 8th, 2015 with immense success! The Memory Clinic is an exciting partnership between the Four Counties Family Health Team and FCHS with additional support provided by the Alzheimer's Society of London and Middlesex. We accept referrals from all primary care providers within FCHS catchment area.

Our memory clinic is based on the well established, evidence based model developed by Dr Linda Lee and her team at the Center for Family Medicine in Kitchener, Ontario. We were proud to join the over 60 clinics currently running successfully throughout Ontario. The purpose of the clinic is to screen for all types of dementia (Alzheimer's, vascular, mixed, frontal-temporal) using a holistic approach. This is accomplished by interviewing not only the patient, but also the caregiver through the multi-disciplinary lens of nursing/pharmacy/social work/physician. Overall, the clinic functions to enhance the care that family physicians/nurse practitioner can provide at the primary care level.

This is a much needed service within the community as the number of people with dementia is expected to double over the next 30 years. Additionally, less than 25% of cases of Alzheimer's disease in Canada are diagnosed and treated and current wait times to see a Geriatrician in Ontario is upwards of 6 months to one year. At present, referrals to the clinic have been quite high and we are fully booked capacity until January 2016. The feedback from patients and their caregivers have been overwhelmingly positive and we are currently looking at ways to increase capacity.



## Four Counties Health Services Undergoes \$700,000 Renovation; Upgrading X-Ray Equipment

FCHS Foundation (FCHSF) is pleased to support Four Counties Health Services (FCHS) in its efforts to deliver high quality patient care. The renovations are a welcome enhancement to the breadth of services offered by FCHS.

October 19th, 2015 marked the start of an exciting and extensive renovation of the FCHS X-Ray suite. Over a period of six weeks, the entire room will be refurbished and state-of-the-art equipment will replace existing infrastructure.

With this new equipment, patient care will improve as a result of a faster, higher quality image, very much similar to upgrading a 35mm camera to a digital equivalent. The room will be designed to improve patient accessibility and staff ergonomics. A mobile X-Ray machine will also be upgraded to provide imaging for patients who have mobility issues.

An integral part of the renewed vision for patient care at FCHS, this renovation has been made a reality as a result of generous donations from Municipality of West Elgin, Municipality of South West Middlesex, County of Lambton, Village of Newbury, Area Service Clubs, Margaret McCahon and a significant number of individual/corporate donors in the Four Counties community.



## 2015 FCHS Foundation Golf Tournament

Bo Horvat, Travis Konecny, Lawson Crouse Golf in Foundation 2015 Golf Tournament - \$16,000 Raised on the Day. Left to Right Junior Kelly, Bo Horvat, Dowler Kam's Ted Tabernor, and Ken Hooker, Lawson Crouse, Travis Konecny



## Glencoe Elks

Glencoe Elks Tom Reycraft (left) and Don Durfy (right) presentation of \$1,000 cheque to Martha Wortner Foundation Administrative Assistant and Tim Hamilton Foundation Board Member



## Legion

Legion members present \$6,000 cheque from The Royal Canadian Legion Ontario Provincial Command Branches and the Ladies Auxiliary Charitable Foundation. Left to Right Martha Wortner Foundation Administrative Assistant, Marigay Wilkins Foundation Retired Board member, Legion member Brenda Nethercott, zone commander Tom Gregson, Gerry Cross and Mark Wardle



## Village of Newbury

Village of Newbury present \$25,000 pledge (\$5,000 commitment for 5 years). Left to Right Steph Ouellet FCHS Site Director, Councilors Ron Challis & Abe Van Der Wyngaard, Mayor Diane Brewer, Laura James Team Leader FCHS Diagnostic Imaging, Martha Wortner Foundation Administrative Assistant



## Oddfellows

Odd Fellows Lodge, Florence and Faith Trinity United Church presentation of \$1,844 from proceeds of their Chicken BBQ. Left to Right Mary McGuire of Faith Trinity United Church, Harry Brown of the IOOF Lodge, Retired Foundation Board member Margaret Ann Wright, Nancy Fafak of Faith Trinity United church and Chris Dube of the IOOF Lodge



## County of Lambton

County of Lambton representative Mayor Alan Broad (Dawn-Euphemia Township) presents \$42,000 cheque. Left to Right Jackie Herdman FCHS Auxiliary, Steph Ouellet FCHS Site Director, Mayor Alan Broad, Tim Hamilton Foundation board member



## Municipality of West Elgin

West Elgin Council present \$125,000 pledge (\$25,000 commitment for 5 years). Left to Right Councillor Joe Seman, Councillor Richard Leatham, Deputy Mayor Mary Bodnar, Mayor Bernie Wiehle, Councillor Jonathan Wolfe, Foundation Representatives Martha Wortner, Paula Downs, Terry Eckersley and Steph Ouellet.



## Municipality of South West Middlesex

South West Middlesex Council present \$100,000 pledge (\$10,000 commitment for 10 years). Left to Right back Southwest Middlesex councillors Don McCallum, Rick Cowell, Martin Vink, John Kendall, John Kavelaars, FCHS Foundation board member Tim Hamilton, councillor Karen Aranha, FCHS site director Steph Ouellet front (with cheque) mayor Vance Blackmore, deputy mayor Marigay Wilkins, FCHS Foundation board chair Paula Downs and Foundation administrative assistant Martha Wortner

## YES! I would like to join the Monthly Giving Program

I would like to give \$ \_\_\_\_\_

**METHOD OF PAYMENT:** I authorize The Foundation of Four Counties Hospital to withdraw from my bank account through my financial institution on the 10th day of each month.

I have enclosed a VOID cheque  I prefer to use my credit card /  VISA  MASTERCARD

Card No.: \_\_\_\_\_ Expiry: \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_

You will receive a tax receipt at the end of the year. At any time you can change or cancel your monthly contribution by notifying

The Foundation: 519-693-4441 x 2438

At FCHS Foundation we appreciate your support and we treat your information with respect. We do not rent, sell or trade any personal information. The information you provide will be used to issue your charitable donation receipt and to keep you informed of events and fundraising opportunities in support of FCHS. If at any time you wish to be removed from our mailing list simply contact us: 519-693-4441 ext 2438 or [info@fchsfoundation@mha.tvh.ca](mailto:info@fchsfoundation@mha.tvh.ca)

## Interested in Hosting an Event?

Four Counties Health Services Foundation depends on the support of the community and is very fortunate to have so many generous individuals and organizations who want to help us.

One way you can help is by organizing a 3rd party fundraising event in support of the hospital. Your efforts will benefit the quality of care our patients receive and your donations will help the Foundation purchase equipment.

**WHAT IS A 3RD PARTY FUNDRAISER?** It is any event in support of the hospital that is organized by someone outside the hospital or the hospital Foundation.

**WHO CAN HOLD THIS?** Anyone or any group-schools, service clubs, companies, individuals.

**WHAT TYPE OF EVENT OR IDEAS?** Golf Tournaments, races, galas, fashion shows, auctions, dances, car washes, bake sales, any type of "A-Thons" (walk, jump, bike) and dinner parties... *Be creative and have fun with it.*

**HOW WE CAN HELP?** We can meet with you to talk about your event and provide suggestions on how to promote it.

For further information contact 519-693-4441 x 2438 or [martha.wortner@mha.tvh.ca](mailto:martha.wortner@mha.tvh.ca)