

# Pulse

Published by Four Counties Health Services Foundation Communications Committee

## Fall Medical Equipment Appeal - \$118,500



Melissa Carruthers,  
Communications Clerk

Looking back on 2025, Four Counties Health Services (FCHS) is proud to have offered uninterrupted 24/7 emergency care, inpatient support, and outpatient services in the face of growing community need. With this activity comes the need to renew the essential tools that allow us to provide the exceptional healthcare our patients deserve.

With community support, FCHS Foundation raises funds toward advanced medical equipment and training to be used directly for patient care right here at Four Counties Health Services.

### HEMATOLOGY ANALYZER

Automatically performs a Complete Blood Count to help diagnose conditions like anemia, infection, or bleeding disorders.

### VITAL SIGNS MONITOR

Provides real-time data on a patient's essential

physiological functions, such as heart rate, blood pressure, respiratory rate, and temperature, to help healthcare providers assess their condition, identify changes, and make timely medical decisions.

### IV PUMP

Accurately and precisely delivers fluids, medications, nutrients, and other substances directly into a patient's body at a controlled rate and volume.

### FCHS STAFF EDUCATION

Each year the Foundation invests in staff training to keep connected to current medical care.

### FLOOR SCRUBBER

Cleans, scrubs, and dries floors simultaneously, removing dirt, bacteria, and pathogens to prevent the spread of infections and maintain a sterile environment.

### Hematology Analyzers x 2



Lab/Emerge Dept  
\$60,000

### Vital Signs Monitors x3



ACNU Dept  
\$21,000

### IV Pump x4



ACNU/Emerge Dept  
\$16,000

### FCHS Staff Education



Hospital Wide  
\$12,000

### Floor Scrubber



Housekeeping  
\$9,500

**FCHS** Middlesex  
Hospital Alliance **FOUNDATION**

**YES! Here is my gift to help support the FCHS Medical Equipment Appeal**

Donation Amount: \$ \_\_\_\_\_ Payment Method:

☐ **CHEQUE** ☐ **CREDIT CARD** ☐ **E-TRANSFER** (Contact Us)

Card No.: \_\_\_\_\_ Expiry: \_\_\_\_\_ CVC: \_\_\_\_\_

Signature: \_\_\_\_\_

Email: \_\_\_\_\_

☐ **YES!** I would like to join the **Monthly Giving Program**



Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

CHARITABLE REG. # 11892 9546 RR0001

1824 Concession Dr., R.R. #3 Newbury, ON N0L 1Z0

(519) 693-4441, ext. 2438 [info.fchsfoundation@mha.tvh.ca](mailto:info.fchsfoundation@mha.tvh.ca)

Donate Online

## FCHS Foundation Update



**Tom Jeffery**  
Board Chair

With the change of season from summer to fall-winter, as chair of the foundation I bring greetings on behalf of our FCHS Foundation board of directors and staff. Together we work to support Four Counties Health Services by raising funds to support medical equipment purchases.

Your generosity enhances patient care at Four Counties Hospital and impacts the sustainability of the area we live in.

Donations support our doctors, nurses, and staff in providing exceptional patient care here in the hospital's busy emergency department, renewed endoscopy program, ambulatory care services, physiotherapy department, diagnostic imaging departments, and over census inpatient beds.

Our road show presentations continue to keep our local municipalities and service clubs aware of the work of the hospital and foundation. We continue to hear gratifying stories of how important the hospital is. If your group is interested in an updated presentation, please contact our office.

Just a reminder; **the Provincial Government does not fund the purchase of capital equipment and that responsibility relies on donors and FCHS Foundation.**

On behalf of the Board of Directors of the Foundation and staff I would like to extend our thanks for your financial support in our efforts to keep healthcare close to home.



**Chicken & Rib Dinner Drive-Thru**

APPIN BBQ 1/4 Chicken ~ 1/4 Rack Pork Ribs  
Baked Potato ~ Baked Beans ~ Roll ~ Dessert

**WEDNESDAY, APRIL 15, 2026**  
4:30 - 6:30 PM  
GLENCOE AG. HALL

**SUPPORT YOUR HOSPITAL & WIN CASH!**

splitthepot.ca

THANK YOU FOR SUPPORTING FCHS FOUNDATION IN THE SPLIT THE POT LOTTERY!  
Licence RAF#1494020  
DRAWS NOW MONTHLY



### Gold Sponsors

### Platinum Sponsors

## Fore! For Four Counties Golf Tournament

Thank you to all who contributed to our 29th Annual Golf Tournament on July 11, 2025.

The generosity of the community **raised \$42,132** toward the purchase of a Gastroscope and Scope Processor for the FCHS Endoscopy Program!

The Foundation is grateful for the support of our golfers, sponsors, prize donors, raffle participants, and volunteers as well as the team at Wardsville Golf Club for another successful partnership.

Your dedication to FCHS hospital ensures that Care Close to Home remains a priority for the Four Counties area. Please **SAVE THE DATE** for our 30th annual tournament on July 10, 2026.

**THANK YOU!**

## YES! I would like to join the Monthly Giving Program

I would like to give \$ \_\_\_\_\_

**METHOD OF PAYMENT:** I authorize The Foundation of Four Counties Hospital to withdraw from my bank account through my financial institution on the 10th day of each month.

☐ I have enclosed a VOID cheque ☐ I prefer to use my credit card ☐ VISA ☐ MASTERCARD

Card No.: \_\_\_\_\_ Expiry: \_\_\_\_\_ CVC: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

You will receive a tax receipt at the end of the year. At any time you can change or cancel your monthly contribution by notifying

**The Foundation: 519-693-4441 x 2438**

At FCHS Foundation, we appreciate your support and treat your information with respect. We do not rent, sell or trade any personal information. The information you provide will be used to issue your charitable donation receipt and to keep you informed of events and fundraising opportunities in support of FCHS. If at any time you wish to be removed from our mailing list, simply contact us: 519-693-4441 ext. 2438 or info@fchsfoundation@mha.tvh.ca



# What's Happening at Four Counties Health Services

## Local Advisory Committee Provides Community Input

The FCHS Local Advisory Committee (LAC) was sanctioned in 2004 as a standing committee of the Board of the Middlesex Hospital Alliance (MHA). The committee was struck to ensure that the Four Counties community would have a liaison to the MHA Board, which has governed both Four Counties Health Services and Strathroy Middlesex General Hospital since 2000.

Ashley Podolinsky, MHA Board Director and LAC Chair, states, "The Local Advisory Committee ensures the voices of FCHS and the communities it serves are truly heard. Our meetings offer a valuable opportunity to receive updates from hospital representatives and key partners like the FCHS Foundation and Auxiliary, ask questions, and bring meaningful ideas to the table for open discussion."



**Ashley Podolinsky**  
LAC Chair; MHA Board Representative

Each year, LAC seeks new members to bring fresh perspectives to the group. Currently there is room on the committee for a sixth community representative. Chair Podolinsky invites anyone interested in participating to apply by contacting Victoria Pretty, MHA Coordinator of Board Affairs at [victoria.pretty@mha.tvh.ca](mailto:victoria.pretty@mha.tvh.ca).

## FCHS Local Advisory Committee (LAC)

### General Purpose / Mission of Committee:

1. Provide input and education to the MHA Board on issues of importance to the community served by FCHS.
2. Provide advice and consultation in the development of the Middlesex Hospital Alliance (MHA) mission, vision and values.
3. Participate in the MHA strategic planning process.
4. Provide advice and consultation on any Board consideration regarding addition/elimination of programs/services at FCHS.
5. Provide advice and consultation on local community health and wellness issues.
6. Provide advice and consultation on strategies for recruiting and retaining Professional Staff resources in the local community.
7. Provide advice and consultation and coordinate efforts in the local community among the Alliance, and FCHS's volunteer /auxiliary group and Foundation.

**Meet four (4) times per year at FCHS.**  
**Report to the MHA Board of Directors**

### LAC Membership for 2025/2026:

- Janelle Elliott (Community Rep)
- Jim Faflak (Community Rep)
- Mike Keime (Community Rep)
- Jim Knipfel (Community Rep)
- Don Lunn (Community Rep)
- Jackie Herdman (FCHS Auxiliary)
- Tom Jeffrey (FCHS Foundation)
- Ex-Officio members  
(MHA Board Rep; President & CEO; Interim Chief of Rural Medicine)



## FCHS Facilities Update

At the beginning of September, the MHA was apprised that Four Counties Health Services would receive \$2,522,125 in one-time Healthcare Infrastructure Renewal Funding from the Province of Ontario. This funding is specifically dedicated to address aging infrastructure and cannot be used to offset any operational costs. These funds will be used at FCHS to complete the second emergency generator project started in the fall of 2024, to add a fence around the helipad for code compliance, and to replace the fire alarm panel, signaling devices, and paging system.

In addition to the HIRF program, we continue to make improvements as recognized such as renovating two public washrooms outside the Emergency Department waiting room this past summer to bring them up to Accessibility for Ontarians with Disabilities (AODA) compliance. It is extremely important that we

ensure our hospitals have the critical infrastructure needed to support our patients, staff, volunteers, and the communities we serve.

Healthcare Infrastructure Renewal Guidelines state that "Hospitals are responsible for planning infrastructure renewal activities to ensure that their facilities are in a good state of repair. Recognizing the need for the renewal of health care infrastructure, the Ministry of Health created the HIRF program. The Health Infrastructure Renewal Funding is part of the Ontario Government's \$50 Billion health capital Investment."

Have a safe and happy holiday season!



**Ryan Whitney**  
Director of Facilities, Redevelopment & Support Services  
Middlesex Hospital Alliance



## Special Events



**“Swing into Fall” Brass Factory Big Band Concert**  
September 2025 - \$2,095



**FCHS Gift Shop Sale, Bake Sale, Vendors, Raffles**  
Contact 519-784-4274

## Campaign Presentations



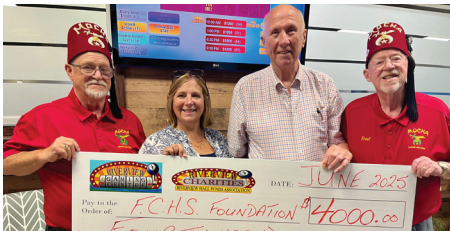
**Chatham Kent Community Foundation**  
**\$6,000**



**Municipality of Southwest Middlesex**  
**\$10,000**



**Kiwanis Club of Rodney**  
**\$5,000**



**Ahcom Shrine Club**  
**\$4,000**



**Municipality of West Elgin**  
**\$5,000**



**Kiwanis Club of West Lorne**  
**\$3,000**



**Glencoe District  
Lions Club 50/50**  
**\$2,795**



**Norm Parker, Watford  
Alvinston Road Race**  
**\$1,800**



**Highgate and District  
Lions Club**  
**\$1,500**



**IDOE Ridgetown –  
Confederation Chapter**  
**\$1,500**



**Celebrate Community  
Committee Car Show**  
**\$815**



**Voiceprints  
Community Choir**  
**\$600**



**Twin Creek Shooting  
Preserve**  
**\$610**



**Tracy Cardinal,  
Pampered Chef Party**  
**\$447**