

Published by Four Counties Heath Services Foundation Communications Committee

Spring Medical Equipment Appeal - \$122,000



ENDOSCOPY CAMPAIGN

Meet **Dr. Muneeb Mohammed, MD, FRCSC,** our newest General Surgeon and Endoscopy specialist! We are so fortunate to have Dr. Mohammed's wealth of knowledge and expertise. Dr. Mohammed completed his general surgery residency and a fellowship in minimally invasive surgery at the University of Western Ontario. He comes to us from Bluewater Health and has an office in Strathroy.

At FCHS, Dr. Mohammed is doing endoscopy every Thursday as well as an ambulatory (outpatient) clinic for minor surgical procedures one Friday per month — please contact your primary healthcare provider for a referral.

With a significant number of endoscopies being performed at Four Counties, the need to update equipment is ongoing. Our Spring Medical Appeal seeks to raise funds for a new Endoscopy Processor and Gastroscope for the program. We are grateful to Dr. Mohammed and his team for providing this important diagnostic and treatment service right here in our community!

Flexible is examined. Automated Endoscope Endoscopy Lower endoscopy Upper endoscopy Processor Supports Scope Flexible Scope to **Automated Cleaning** Examine Upper GI Tract \$92,000 \$30,000 Middlesex YES! Here is my gift to help support the FCHS Medical Equipment Appeal Hospital Alliance Donation Amount: \$ _____ Payment Method: FOUNDATION CHEOUE CREDIT CARD E-TRANSFER (Contact Us) Name: Card No.: _____Expiry: CVC: ____ Address: —— Signature:_____ City: _____ Province: _____ Email:____ Postal Code: **YES!** I would like to join the **Monthly Giving Program** CHARITABLE REG. # 11892 9546 RR0001 1824 Concession Dr., R.R. #3 Newbury, ON NOL 1Z0 Donate Online

Tel: (519) 693-4441, ext. 2438

Email: info.fchsfoundation@mha.tvh.ca Website: fchsfoundation.ca

WHAT IS ENDOSCOPY?

Endoscopy is a nonsurgical procedure used to examine a person's digestive tract. Using an endoscope, a flexible tube with a light and camera attached to it, your doctor can view pictures of your digestive tract on a colour monitor.

During an upper endoscopy, a scope is easily passed through the mouth and throat and into the esophagus, allowing the doctor to view the esophagus, stomach, and upper part of the small intestine. Similarly, scopes can be passed into the large intestine (colon) through the rectum to examine this area of the intestine. This procedure is called a colonoscopy or sigmoidoscopy depending on how far up the colon is examined.



ulse// SPRING 2025 //

FCHS Foundation Update



FCHS Foundation Board Chair Greetings to our faithful supporters and residents of the Four Counties area. It has been a long, cold and snowy few months but spring is in the air. As we enjoy this season of renewal, the Foundation is focused on renewing key patient equipment at FCHS. Our devoted healthcare workers need state-of-the-art devices to provide quality care and we are indebted to them for their contribution to the well being of our community.

THANK YOU for your support toward medical equipment purchases this past year. I would like to highlight a few items purchased with your donation dollars:

C1 Ventilator - provides airway support for both paediatric and adult patients;

Portable Ultrasound - provides diagnostic imaging for any patient, anywhere, anytime;

LUCAS – a life-saving, portable device that provides automatic and consistent chest compressions during cardiac arrest, thus eliminating the loss of effectiveness due to staff exhaustion from manual CPR.

Let me reiterate how appreciative we are for your help. I ask you to consider a donation to our spring appeal to ensure the continued quality health care we have come to expect at FCHS.





Donor Dollars At Work Care Closer 2024 Annual Hospital Support \$205, 538 Completed - Thank You!

Portable Ultrasound		\$54,468
Ventilator Paeds & Adult		\$34,235
Monitoring Gateway		\$27,793
Automated CPR Patient Com	pression	\$19,687
ECG Cart		\$18,668
2 x Carbon Dioxide Monitors		\$12,431
Staff Education		\$12,000
Physiotherapy Traction Bed		\$10,679
Patient Power Lift		\$8,684
Centrifuge		\$6,893

FCHS continues to modernize our hospital with state-of-the-art medical equipment to best serve the needs of our patients, all of which keeps "Care Close to Home".

YES! I would like to join the Monthly Giving Program

I would like to give \$

METHOD OF PAYMENT: I authorize The Foundation of Four Counties Hospital to withdraw from my bank account through my financial institution on the 10th day of each month.

🛛 I have enclosed a VOID cheque 📕 I prefer to u	se my credit card	VISA MASTERCARD
Card No.:	Expiry:	CVC:
Signature		Date:

You will receive a tax receipt at the end of the year. At any time you can change or cancel your monthly contribution by notifying The Foundation: 519-693-4441 x 2438

At FCHS Foundation, we appreciate your support and treat your information with respect. We do not rent, sell or trade any personal information. The Information you provide will be used to issue your charitable donation receipt and to keep you informed of events and fundraising opportunities in support of FCHS. If at any time you wish to be removed from our mailing list, simply contact us: 519-693-4441 ext 2438 or info@fchsfoundation@mha.tvh.ca

What's Happening at Four Counties Health Services

Adult Day Program The Sunshine Club



Four Counties Adult Day Program (ADP) began in 1987 as a support service designed to enhance independence and guality of life for seniors and disabled adults in a social setting. At ADP, we offer exercise, social interaction, games, crafts, devotionals, guest speakers, and more. We also do monthly check-ins on weight and blood pressure. Clients are provided with am & pm snacks and a full course hot meal at lunch.

Programs run on Wednesdays and Thursdays from 10am - 3pm, with a capacity of 15 clients per day.

Clients can be referred through their family physician or their caseworker at Ontario Health at Home. Cost is \$13 per day.

more information, contact For Amanda Starling, Coordinator at 519-693-4441 ext. 2443.

The Adult Day Program caters to clients who:

- Are over the age of 60
- Have physical or mental *impairments*
- Do not require more than one
 Take medication themselves assistant with mobility when using assisted mobility devices (cane, walker, wheelchair)



- Are able to eat with assistance
- Show a need for social interactions
- (only reminders are needed)
- Have caregivers who require respite

NEED A RIDE?

Catch the Four Counties Transit Bus!

BOOKING: 519-693-8604 Please phone during the workweek, at least 24 hours in advance.

COST: \$8 One - way within service area during regular hours (9am - 4pm, M-F). • Special rates for extended service



Accessible Transit for: Medical Appointments, Social Outings, Community Programs, Shopping, etc.

Serving residents in West Elgin, Newbury, Southwest Middlesex, and Chatham-Kent (Ward 3)

Operated by the Municipality of West Elgin.

FCHS Facilities Update

FCHS is utilizing Hospital Infrastructure Renewal Funding (HIRF) from the province to fund this project, and work is expected to start spring 2025. Due to long industry lead times for equipment, we expect this project will not be completed until late spring of 2026.

FCHS will continue to apply for all available infrastructure funding to support the full cost of this project to ensure we do our part in providing the care we would expect for our own families.



Ryan Whitney Director of Facilities, Redevelopment & Support Services Middlesex Hospital Alliance

Additional Emergency Generator for FCHS

Four Counties Health Services has one emergency generator, and should this fail due to a storm or other disaster, there would be a hugely significant impact to FCHS, up to and including stoppage of services and potential evacuation of patients.

To prevent this situation from occurring, FCHS has a plan underway to construct a second emergency generator. This would ensure that we would be able to provide care should one generator experience an issue.

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Special Event Results



Crossroads Community Players Dinner Theatre November 2024 - \$25,339



Glencoe & District Curling Club 27th Annual Bonspiel March 2025 - \$7,094

Campaign Presentations



RCL Ontario Command & Ladies Aux. Charitable Foundation - \$6,764



RCL West Elgin BR 221 Poppy Fund - \$5,000



Glencoe District Lions Club 50th Ann. 50/50 - \$1,915



Royal Canadian Legion Newbury BR 583 - \$1,000



Salus Mutual Insurance Company \$55,000



Royal Canadian Legion Bothwell BR 252 - \$5,000



Municipality of Brooke - Alvinston \$5,000



Royal Canadian Legion Zone A5 - \$2,500



The Optimist Club of Bothwell \$1,000



Glencoe Night Market \$650



Confederation Chapter of IODE in Ridgetown - \$1,300



Optimist Club of West Lorne \$1,000



Rodney Lions Club \$1,000



Celebrate Community Committee Cans - \$147