

# FCHS Auxiliary Update

## Fundraising Events

Thanks again to the generosity of Dowler Karn, who has donated 2 stainless steel Broil King BBQs, we will be raffling off the BBQs on Friday, July 15, 2016 at the FCHS Foundation Golf Tournament. Tickets are now on sale for \$2.00 each or 3 for \$5.00. Tickets are available in the Front Lobby or the Emergency Department.



(Left to Right) Bob Boyd (Dowler Karn Manager Chatham Branch), Ken Hooker (Dowler Karn Regional Manager Western Operations), Anita Kendall, Judi Oliver, Ellen Robson, Joyce Beattie, Norma Degraw, Colene Muellejans, Jan Little, Peter Reaume, Mary Reaume, Corrie Moore, Steph Ouellet (FCHS Site Director)

The Auxiliary donated \$19,000 to the FCHS Foundation from its efforts at the Fall Bazaar, Bookstore, Gift Shop sales, Nevada tickets, Winter 50/50 draw and proceeds from Fundraiser Innovations Auctions of art prints in the hospital front lobby and local businesses.



Back Row: Norma D, Peter R, Colene M  
Second Row: Marta F, Jan L, Ellen R, Helen T, Monica O  
Front Row: Dorothy M, Anita K, Gertrude M, Martha W, Mary R

## Winner of 50/50 \$1,312



(Left to Right) Joyce Beattie, Shirley Bolton (winner), Judi Oliver, Colleen Meullejans

## Adult Day Program



The Adult Day Program continues to operate Wednesday, Thursday and Friday from 10 a.m. to 3 p.m. "The Sunshine Club" as it is also known, provides a day away for seniors

and disabled adults in a safe and caring community setting, also providing respite for family caregivers. We enjoy a variety of fun activities, games, exercises, crafts, guest speakers, educational and health/wellness topics, a hot meal and snacks. Cost is only \$10/day. Transportation can also be arranged for a modest fee. **Please call for more information on this great program: 519-693-7111 ext. 2443.**

Pictured above is a recent visit from one of our local schools where students and clients enjoy time together exchanging and learning new ideas and enjoying fun activities.

YOU ARE INVITED TO THE

## FCHS AUXILIARY SPRING BAZAAR

**April 25, 2016 - 10:00 a.m. to 2:30 p.m.**  
Front Lobby & Auditorium

|   |  |
|---|--|
| <p><b>DELI LUNCH</b><br/>Served from 11:00 a.m. – 1:30 p.m.</p> <p>Choice of 3 soups, sandwiches, fruit salad, cookies and refreshments.<br/><b>ONLY \$5.00</b></p> <p><b>BAKE TABLE</b><br/>From 10:00 a.m. sharp until sold out!</p> <p>Homemade pies, cakes, cookies, loaves, squares and much more.</p> | <p><b>GIFT SHOP &amp; TABLE</b><br/>Featuring specials and new items all with NO TAX!</p> <p><b>BOOKSTORE &amp; DISCOUNT TABLE</b></p> <p><b>RAFFLE TICKETS</b><br/>on 2 Stainless Steel Broil King BBQs</p> |
|---|--|

**PLUS** many Local Vendors will be onsite displaying their items.

## Words from the Bookstore

Thank you to our community for your many book donations. Our shelves are well stocked and open from 9:30 a.m. to 8:30 p.m. Visit our two rooms to select your spring and summer reading from the wide variety of mysteries, romance, fiction and non-fiction for \$1, \$2, or \$3 each, and cart specials for only .25 cents. This fiscal year we have raised \$4,235.

**NEW!!! NEVADA TICKETS** are now also available for sale in the Bookstore, Monday to Friday.

## Gift Shop Treasures

Spring merchandise has arrived and we have new spring and summer ladies' tops,

beautiful beach cover-ups, scarves, necklace sets, bracelets, a variety of home / garden décor items, silk flower arrangements and diabetic socks in a variety of colours and sizes.

New this spring is a line of For Tea's Sake herbal teas and accessories and we continue to offer fresh honey, jams and jellies - all made locally. Don't forget that we also offer greeting cards, candy bars, sweets and treats.

NEVADA Tickets are still available just outside the Gift Shop in the Front Lobby.

All proceeds raised by the FCHS Auxiliary are donated to the FCHS Foundation for hospital, patient care items and equipment.

The FCHS Auxiliary thanks you for your continued support.

## VOLUNTEER OPPORTUNITIES

Volunteers at Four Counties Health Services play an integral role in the day to day operations of the hospital. People volunteer for many reasons including a desire to give back to the community in a meaningful way, to fill a void, or even to get out of the house. "No matter what the reason is, we appreciate each and every one of our volunteers and the time they spend with us."

In 2015, our volunteers contributed a total of 4,733 hours to assist the staff and patients in our organization.

Volunteer opportunities are always available and constantly changing as we expand the program. The goal at Four Counties Health Services is to provide opportunities that are rewarding and stimulating for our volunteers, while at the same time, assisting our staff and patients to uphold our Mission, "to provide the care we would expect for our own families".

We continue to recruit volunteers who wish to share their skill sets and talents. If you are interested in joining our MHA Family at Four Counties Health Services, **please call 519.245.5295 extension 5595 - and Volunteer, for the Health of it!**



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## FCHS FOUNDATION 2016 SPRING/SUMMER CAMPAIGN

## Palliative Care



"I have been amazed at the support and feedback that has poured in from the community since the palliative care suite was built in April 2015. Its construction reignited the palliative care program at FCCHS. Feedback from the

family of our patients confirms that the palliative suite has had a positive impact on both patients and caregivers.

The goal of palliative care is to promote comfort and provide support for both patients and families, at anytime in the trajectory of an illness or after the diagnosis of a chronic or terminal illness. Palliative care is not only about end of life care, but about comfort, pain and symptom management amongst other psychosocial needs.

We are seeking to invest in our suite to meet the needs of our patients, families and community. Knowing the importance of having families at the bedside, we would like to purchase a larger bed to allow for families to be closer to their loved ones. Also, we would like to purchase a CADD pump, which puts the patient in control of their pain management by making the medication readily available in a safe and effective way. These items will improve the patients' and caregivers' experience at the most vulnerable times of their lives.

It is our desire to grow and improve our palliative care program. We hope that you will share our enthusiasm and consider contributing towards the ongoing success of the palliative care program by generously supporting the FCCHS Foundation."

On Behalf of FCCHS Palliative Care Committee.  
**Chiamaka Odunukwe**

## EQUIPMENT LIST

**Palliative Bed \$15,000**

Currently, the palliative care suite has a single bed; a larger double bed would allow for families to be closer to their loved ones.

**CADD Pain Pump \$6,000**

A CADD pump puts the patient in control of their pain management by making the medication readily available in a safe and effective way.

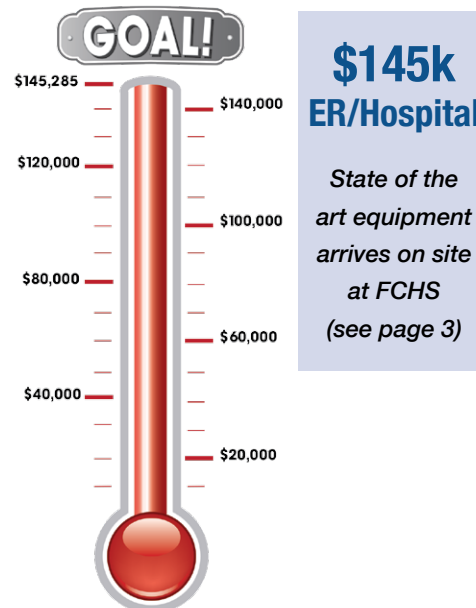
**3 Vital Signs Monitors \$14,000**

A critical hospital monitor which oversee vital signs – oxygen saturation, B/P, temperature - on every patient at least 4 times a day.

**3 Ceiling Lifts Patient Rooms \$23,000**

Provides an easy-to-operate system that eliminates the need for manual lifting, thereby reducing the risk of injuries to caregivers.

**TOTAL \$58,000**  
SPRING/SUMMER APPEAL



## YES! Here's my gift to help support the Palliative & Active Care Patient Units Campaign.

Donation Amount: \$ \_\_\_\_\_

Payment Method:  CHEQUE  VISA  MASTERCARD

Card No.: \_\_\_\_\_ Expiry: \_\_\_\_\_

Signature: \_\_\_\_\_

Email: \_\_\_\_\_

**YES!** I would like to join the **Monthly Giving Program**



Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

CHARITABLE REG. # 11892 9546 RR0001

1824 Concession Dr., R.R. #3 Newbury, ON N0L 1Z0

Tel: (519) 693-4441, ext 2438 Fax: (519) 693-7084 Email: info.fchsfoundation@mha.tvh.ca



## Volunteer Board Members

- Paula Downs - Chair
- Terry Eckersley
- Tim Hamilton
- Tom Jeffery
- Nick Vander Gulik
- Steph Ouellet - FCHS Site Director
- Dawn Butler - MHA Board Rep
- Sue McLean - SMGHF Rep
- Jackie Herdman - Aux Rep
- Martha Wortner - Admin Assistant

## Interested in Joining the Four Counties Health Services Foundation Board?

Four Counties Health Services Foundation, located in Newbury, is responsible for developing relationships and raising funds to support Four Counties Health Services site.

The Four Counties Health Services site provides primary hospital care services in the western half of Middlesex County, parts of Elgin County, parts of Chatham-Kent and Southeast Lambton County.

Four Counties Health Services Foundation Board of Directors is in the process of recruiting new board members due to the expiry of board member terms. We invite applications from persons who reside in the area and are interested in using their expertise to make a difference in their own community.

If you are interested in joining the Four Counties Health Services Foundation Board, we would like to hear from you.

On behalf of the board of Directors, we invite you to contact:

**Martha Wortner**  
519-693-4441 x 2438  
martha.wortner@mha.tvh.ca  
1824 Concession Drive,  
Newbury, ON N0L 1Z0

## A Message from the Board Chair



As the Middlesex Hospital Alliance (MHA) develops a long-term strategy for Four Counties Health Services (FCHS), the FCHS Foundation eagerly awaits the plans. We are excited to work with the MHA to assist in supporting

their long-term vision for FCHS to ensure our community needs are met. It is important to the Foundation that the MHA's vision for FCHS is consistent with community needs. We are pleased that the MHA has welcomed, encouraged, and consulted the Foundation on this strategy. The success of the fundraising campaign for the new Digital X-ray Suite is an excellent example of the community, municipalities, and friends of FCHS working diligently together to obtain and maintain hospital improvements for FCHS. Our future goals are aligned with the MHA for the implementation of a long-term strategy to meet community needs, including substantial fundraising for important programming and equipment. We continue to be focused firmly on supporting our community hospital.

If you have some spare time and you are looking to volunteer, the Foundation is always looking for volunteer board members. If you are interested in being a governor of the Foundation, please contact Martha Wortner for more details about the responsibilities involved in being a governor on the Foundation Board. You will make a difference.

Don't forget to check out the upcoming events on our website at [www.fchsfoundation.ca](http://www.fchsfoundation.ca) Watch for specialized events on Facebook! Your continued support of the Foundation and the Four Counties hospital is greatly appreciated. Please do not hesitate to contact the Foundation Board with any questions or concerns you may have.



**Welcome New Board Member**  
**Tom Jeffery**

## Official Opening of New Radiology Suite



(Left to Right) Todd Stepanuk (President and CEO MHA), Bonnie Twyford (MHA board representative), Martha Wortner (FCHS Foundation Admin Assistant), Paula Downs (FCHS Foundation Board Chair).

January 13, 2016 marked the official reopening of the Four Counties Health Services (FCHS) X-Ray suite. The suite has undergone an extensive renovation to prepare for the arrival of new state-of-the-art imaging equipment. The room has been renovated and redesigned to improve patient accessibility and staff ergonomics. FCHS has also introduced a new mobile X-Ray unit.

IT'S ALL ABOUT QUALITY AND SAFETY... The purchase of the new digital x-ray suite and portable digital radiography unit will provide improved quality of imaging, increased safety to the patient, faster imaging, improved accessibility and increased safety for staff, all which contribute to detection and diagnosis, patient safety and satisfaction.

"The new Diagnostic Imaging suite at FCHS is an investment in ensuring our ability to provide exceptional care for our patients, right here at home," says Todd Stepanuk, President and CEO of Middlesex Hospital Alliance. "I am sincerely very proud of the extremely generous support by residents. This is a major milestone for our hospital, our patients and our community at large. The success of this campaign rests upon the many individuals, groups and communities. Recognizing the significance of the hospital in meeting the healthcare needs of this community, many have given generously to this campaign and with this equipment we are even better equipped to serve the people we care for."

### ER/Hospital Equipment Upgrades \$145,000

*Quality Care Close to Home*

|  |   |
|--|---|
| <p><b>Blanket and Fluid Warmer</b><br/>Blanket Warmer &amp; Fluid warmer. Helps to maintain patient's core temperature when required.<br/><b>\$11,500</b></p>                                | <p><b>2 Patient Stretchers</b><br/>Stretchers are used to assist in the in-house transport of patients and as treatment/examination beds in the emergency department.<br/><b>\$10,000</b></p> |
| <p><b>Portable Monitors</b><br/>Concise Portable Monitor with Printout that is used to take patient's vital signs: temperature, blood pressure and oxygen saturation.<br/><b>\$4,000</b></p> | <p><b>10 IV Infusion Pumps</b><br/>Intravenous (IV) infusion pumps to provide IV solutions and medications to patients.<br/><b>\$45,000</b></p>   |
| <p><b>Automated Drug Dispensing Cabinet</b><br/>Automated dispensing cabinet: enhancing patient safety using bar coding technology for medication dispensing.<br/><b>\$53,000</b></p>        | <p><b>2 Point of Care Analyzers</b><br/>Routine Point of Care (POC) analyzer.<br/><b>\$10,500</b></p>   |
|  | <p><b>2 Centrifuges</b><br/>Spins blood sample after collection to separate whole blood into its various components for testing purposes.<br/><b>\$11,000</b></p>                             |

Four Counties Health Services continues to look ahead, towards the future. Your commitment means that we have been able to replace aging equipment located primarily in the Emergency department, but also supporting the Active Care Patient Unit and Ambulatory Care areas of the hospital, all of which provide us the capacity of keeping care "closer to home".

FCHS Foundation is pleased to have contributed to the addition of this state of the art patient care equipment for our hospital. Special thanks to all the individuals, organizations and businesses that make this a reality.



**Glencoe Bonspiel - Donation \$1000**  
(Left to Right) Bill Allan, Martha Wortner, Gerald Reyecraft, Steph Ouellet.



**Lions Club - Donation \$500**  
(Left to Right) Ken Eason (Glencoe Lions Club President), Paula Downs (FCHS Foundation Chair), Steph Ouellet (FCHS Site Director).



**Kiwanis Of West Lorne - Donation \$500**  
(Left to Right) Louise Macphee (Kiwanis Club of West Lorne), Steph Ouellet (FCHS Site Director), Martha Wortner (FCHS Foundation Administrative Assistant)



**Glencoe IOOF #133 - Donation \$1000**  
(Left to Right) BACK: Martha Wortner, Gregory Pole, Charlie Pole  
FRONT: Ron Crawford, Jim Henderson, Ken Pole.

## SAVE THE DATE Friday, July 15th

2016 FCHS Foundation Golf Tournament



Wardville Golf Course



Team Peters



Team Hamilton



Team Konency & Crouse



Team Horvat

## YES! I would like to join the Monthly Giving Program

I would like to give \$ \_\_\_\_\_

**METHOD OF PAYMENT:** I authorize The Foundation of Four Counties Hospital to withdraw from my bank account through my financial institution on the 10th day of each month.

I have enclosed a VOID cheque  I prefer to use my credit card /  VISA  MASTERCARD

Card No.: \_\_\_\_\_ Expiry: \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_

You will receive a tax receipt at the end of the year. At any time you can change or cancel your monthly contribution by notifying

The Foundation: 519-693-4441 x 2438

At FCHS Foundation we appreciate your support and we treat your information with respect. We do not rent, sell or trade any personal information. The information you provide will be used to issue your charitable donation receipt and to keep you informed of events and fundraising opportunities in support of FCHS. If at any time you wish to be removed from our mailing list, simply contact us: 519-693-4441 ext 2438 or [info@fchsfoundation@mha.tvh.ca](mailto:info@fchsfoundation@mha.tvh.ca)

## Interested in Hosting an Event?

Four Counties Health Services Foundation depends on the support of the community and is very fortunate to have so many generous individuals and organizations who want to help us.

One way you can help is by organizing a 3rd party fundraising event in support of the hospital. Your efforts will benefit the quality of care our patients receive and your donations will help the Foundation purchase equipment.

**WHAT IS A 3RD PARTY FUNDRAISER?** It is any event in support of the hospital that is organized by someone outside the hospital or the hospital Foundation.

**WHO CAN HOLD THIS?** Anyone or any group-schools, service clubs, companies, individuals.

**WHAT TYPE OF EVENT OR IDEAS?** Golf Tournaments, races, galas, fashion shows, auctions, dances, car washes, bake sales, any type of "A-Thons" (walk, jump, bike) and dinner parties... *Be creative and have fun with it.*

**HOW CAN WE HELP?** We can meet with you to talk about your event and provide suggestions on how to promote it.

For further information, contact 519-693-4441 x 2438 or [martha.wortner@mha.tvh.ca](mailto:martha.wortner@mha.tvh.ca)