

Pulse

Published by Four Counties Health Services Foundation Communications Committee

Medical Equipment Appeal



As we enter the holiday season all of us at Four Counties Health Services (FCHS) and Four Counties Health Services Foundation (FCHSF) would like to thank you for your past, continuing and possible new support to our foundation and hospital. Without you, FCHS would not have the

modern medical equipment it has to provide care closer to home. Every day we see and hear from patients who are grateful for the excellent care they receive and the medical equipment it takes to enhance this care.

Our dedicated staff, physicians and volunteers strive for continued excellence in the care they provide. With this activity comes the need to refresh and renew existing equipment and technology which are essential tools to deliver quality, safe and efficient care to you and your loved ones.

In our fall/winter appeal, along with the Endoscopy Campaign our foundation is raising funds to purchase state-of-the-art medical equipment to be used directly for patient care here at FCHS.

Workstation on Wheels (WOW): WOWs are ergonomic, easy to maneuver, adjustable powered carts that allow a nurse or clinician to have real-time access to patient information in a convenient

and mobile platform. The cart also provides a work surface and optional storage drawers that enable the clinician to make fewer trips back and forth to the nursing station. **They truly WOW us!**

Point of Care Blood Analyzer: When the nurse takes a blood sample, blood is analyzed on site by using the complete blood count analyzer. The analyzer is used to manage/detect infection, leukemia and candidates for blood transfusions.

Portable Patient Care Lift: This system assists with lifting and transferring patients who are challenged by mobility impairments. The patient care lift offers significant safety for the patient and health care professional.

Terri Quayle & Derek Truong
Terri Quayle & Derek Truong,
FCHS Nurse Practitioners

5 x Work Station on Wheels (WOW)



Ergonomic mobile powered cart allows health care team to access and document patient information.

Location:
FCHS Active Care Nursing Unit

\$60,000

2 x Point of Care Complete Blood Count Analyzers



Used daily to perform laboratory test of complete blood count.

Location: FCHS Emergency Department

\$49,000

Portable Patient Care Lift



System used to lift and transfer patients with mobility challenges.

Location:
FCHS Hospital Wide

\$6,000

YES! Here's my gift to help support the Medical Equipment Appeal.

Donation Amount: \$ _____

Payment Method: CHEQUE VISA MASTERCARD

Card No.: _____ Expiry: _____

Signature: _____

Email: _____

YES! I would like to join the **Monthly Giving Program**

Name: _____

Address: _____

City: _____ Province: _____

Postal Code: _____

CHARITABLE REG. # 11892 9546 RR0001

1824 Concession Dr., R.R. #3 Newbury, ON N0L 1Z0

☎ (519) 693-4441, ext 2438 📠 (519) 693-7084 ✉ info.fchs.foundation@mha.tvh.ca

A Message from the Foundation Chair



As chair of the FCHS Foundation I wish to report that the foundation has been very active in building ties with our communities by meeting with municipal partners, mutual insurance companies, service clubs and businesses in our catchment area. We are raising awareness to all the exciting existing and new services being offered at the FCHS site as well as asking for financial support.

When this newsletter reaches you, we will have completed 30+ presentations to support the Foundation's Endoscopy Campaign raising \$257,000 of the \$450,000 required to provide state of the art endoscopy equipment.

We also continue to raise funds for our annual medical equipment appeal, this fall/winter being Medical Work Stations on Wheels (WOW), an Arjo Patient Lift and 2 x Point of Care Complete Blood Count Analyzers.

Although our meetings and presentations with our upper tier county councils have not produced great results we have developed relationships and awareness.

In 2019, we will continue our road trip presenting again to our county councils requesting their support. Health Care is a vital part of a vibrant and growing community; a recent Chatham-Kent report indicates that of those looking to locate in a community 92% look for health care as part of their search.

We will also be visiting those who have supported the Foundation in the past updating the news of FCHS. **It is still surprising many are unaware that hospital capital equipment is not funded by the government.** We are doing our best to educate and get this message out in our community.

Donor/In Memoriam Recognition: Donor/memorial boards have been installed in the main and emergency department lobbies. Drop by and have a look!

Foundation Annual Golf Tournament: \$24,000 was raised for medical equipment. Thank you to all who supported this event. Next year we

will celebrate our 25th annual golf tournament at Wardsville Golf Course. Watch for details in the spring.

Middlesex Wardens Golf Tournament: \$14,500 was raised towards the Endoscopy Campaign. Thank you Warden Wilkins for choosing FCHS Foundation for this charity event.

In all our endeavors we appreciate our hospital administration, special mention to Steph Ouellet, Kim Jenkins and Jackie Herdman, for their support. Thank you to FCHS Foundation members for volunteering and offering their time and service.

FCHS Foundation would like to thank our devoted community supporters and donors in our catchment area. Your contributions and support are essential to maintain and improve patient care in our hospital.

Tom Jeffrey
FCHS Foundation Chair

Building Ties



BACK ROW LEFT TO RIGHT: Kim Jenkins, John Innes (Lambton), Steph Ouellet, Jim Jenkins (Elgin), Tom Jeffrey, David VanDamme (Chatham-Kent), Vance Blackmore (Middlesex).

FRONT ROW LEFT TO RIGHT: Melissa Pierce, Judi Krall, Marigay Wilkins (Middlesex), Julie Gonyou (Elgin), David Marr (Elgin), Cindy Howard (Middlesex), Joanne Vansevenant, Todd Case (Lambton).

On May 14th, 2018, the FCHS Foundation hosted a "Building Ties" event with elected and administrative representatives from the counties of Elgin, Lambton, Chatham-Kent, and Middlesex.

The purpose of the half-day information session was to raise awareness of the essential role of health care in our respective municipalities. Highlights of the discussion were:

- As FCHS hospital is surrounded by rural municipalities, residents continue to ask for a greater number of services that should be provided closer to home. FCHS Foundation must purchase all capital equipment for those programs and services as the provincial government does not provide funding for these items. As such, fundraising strategies and ideas were shared amongst the participants.

- As part of the event, municipalities, FCHS Foundation and hospital leadership also discussed how to raise awareness of our services to our residents, now and in the future.

- Chief Administrative Officers from all four counties agreed to continue meeting with hospital and foundation representatives to develop additional partnerships.

Tom Jeffrey, Chair of FCHS Foundation, commented on the day's events, stating it was "encouraging to see our municipal partners come together and see all the good work that is being done at the hospital. All participants realized that a hospital is a vibrant part of all communities served in Elgin, Chatham-Kent, Lambton, and Middlesex counties, and look forward to building on our experience today for the future benefit of all residents."

David Van Damme, Chatham-Kent councillor serving East Kent Ward 3 also applauded the initiative. "The building ties event was a great opportunity for all municipal administrators and elected officials to understand how proactive FCHS and the foundation have become in meeting the challenges and opportunities surrounding rural health care. There is a great story to be told about this hospital and the services it provides in a changing landscape of provincial health care funding. Everyone present today demonstrated a level of commitment to remain focused on these challenges and address them effectively within their supporting municipalities and counties."

Joanne Vansevenant, member of the hospital's Local Advisory Committee indicated that "everyone was very impressed with the services the hospital is currently offering. Awareness of these services should be shared more often with the entire community. While people do not realize that the Ministry of Health does not finance capital projects, it is important that we update stakeholders such as municipalities on a regular basis regarding our success stories rather than only coming to ask for funds when they are needed."

YES! I would like to join the Monthly Giving Program

I would like to give \$ _____

METHOD OF PAYMENT: I authorize The Foundation of Four Counties Hospital to withdraw from my bank account through my financial institution on the 10th day of each month.

I have enclosed a VOID cheque I prefer to use my credit card VISA MASTERCARD

Card No.: _____ Expiry: _____

Signature: _____ Date: _____

You will receive a tax receipt at the end of the year. At any time you can change or cancel your monthly contribution by notifying **The Foundation: 519-693-4441 x 2438**

At FCHS Foundation, we appreciate your support and we treat your information with respect. We do not rent, sell or trade any personal information. The information you provide will be used to issue your charitable donation receipt and to keep you informed of events and fundraising opportunities in support of FCHS. If at any time you wish to be removed from our mailing list, simply contact us: 519-693-4441 ext 2438 or info@fchsfoundation@mha.tvh.ca



What's Happening at Four Counties Health Services

Adult Day Program

Four Counties Adult Day Program (ADP) began in 1987 as a support service designed to enhance independence and quality of life for seniors and disabled adults in a social setting.

The ADP operates Wednesdays and Thursdays from 10am-3pm; for \$10 a day we offer a day away in a safe and caring environment that promotes:

- Socialization
- Exercise
- A Hot Meal and Snacks
- Games
- Crafts
- Entertainment
- Non-denominational Worship Service
- Guest Speakers
- Monthly Blood Pressure Checks and Weight Monitoring
- Respite For Caregivers

ADP Participants



"I have been attending Four Counties Adult Day Program since February 2016. I enjoy the time I spend here interacting with everyone. I feel we are a family by choice".

- Cora K



"They have a great program with lots of activities. It gets me out of the house and I look forward to coming every week".

- Louise L

ADP Team



FROM LEFT: Dianne McFadden, Julia Spruyt, Sara Schoenmakers

Contact Dianne McFadden, Adult Day Program Coordinator

For more information call 519-693-7111 x 2443

NEED A RIDE? Catch the Four Counties Transit Bus

Transportation For:

- Medical Appointments
- Shopping
- Social Outings/Restaurants
- Community Programs

Cost/Fares

**ONLY \$5 - One Way
OR \$10 - Return**

(during regular hours within the service area)



For booking and more information
please call

519-693-8604 or 1-800-724-3401

What's Happening at Four Counties Health Services

Ambulatory Care

The FCHS Ambulatory Care department is a robust area of the hospital offering patients access to visiting specialists. Meeting the changing health care needs of our community is vital in the role we play as we continue to enhance and introduce new and existing services offered at FCHS.

We have been successful in recruiting and retaining highly skilled and experienced specialists and we remain committed to providing excellent health care that is close to home for our FCHS communities.

How do I make an appointment?

Your family physician needs to refer you to the specialist by sending a referral form directly to the specialist. You will then be contacted about your appointment date and any special instructions.

Ambulatory Care Clinics at FCHS



Four Counties Health Services Family

We are a highly dedicated team, passionate about providing health care that we would expect for our own families. It truly takes a team to accomplish our mission.



Ontario Telehealth Network (OTN)

OTN technology provides excellent access via videoconference for community members to link to specialists in London, Chatham, Windsor, Toronto and other areas avoiding unnecessary time, costs and travel associated with visiting out of town specialists. Ask your specialist if this would be suitable for future follow-up consultations.

OTN Testimonial

Mr. and Mrs. Morwood have lived on a farm located outside of Alvinston for nearly 55 years. Mr. Morwood was diagnosed with cancer in 2015. After treatment in London his cancer is now gone; however, he is still required to meet with the Oncologist every six months for a follow-up appointment. Lab

tests and x-rays are arranged close to home at the FCHS and SMGH sites of the Middlesex Hospital Alliance. The oncologist in London reviews results and meets with Mr. Morwood for their 15 minute follow-up appointment by videoconference that is conveniently located at FCHS. This has saved the Morwood family over 3 hours of driving, little to no wait time, \$30 in gas and parking fees and the stress of navigating London. Mr. and Mrs. Morwood were able to receive the same excellent care close to home through OTN services and highly recommend this service.

Ask your specialist to book your next appointment through Ontario Telehealth Network... keeping you connected with Health Care Close to Home!



2018 Golf Tournament

A perfect summer day saw 32 teams play 18 holes of golf at Wardsville Golf Course to support FCHS Foundation 2018/2019 Medical Equipment Appeal. Thank you to sponsors, players, volunteers and businesses that supplied items for auction.

Total raised on the day \$24,000!

PLATINUM SPONSORS



Sundowner Truck Accessories



Lambton Mutual Insurance Company



RBC Bank, Rodney

GOLD SPONSORS

Brian & Frances Lawson

Clark-Haasen Electric

Downs Law

H & N Roofing & Sheet Metal Limited

Marcon Demolition & Environmental Services Inc

Vanheck Funeral Home Ltd

West Elgin Mutual Insurance Company

Wardsville Golf Club

SILENT & LIVE AUCTION SPONSORS

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Bothwell Pharmacy

Brian Lawson

Catherine Osborne

Checkers Cleaning Supply

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Denning's Funeral Home

Downs Law

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Glencoe Foodland

Glencoe Pharmacy

Grand Theatre

H & N Roofing

In A Jam

IRC Bldg Services Group

Jackie Herdman

Jpw Systems

Ken Hooker

Kim & John Jenkins

Kirk Patterson

London Knights Hockey Club

London X-Ray Associates

Margie Long

Mark Scheifele

Municipality of SWM

No Frills

Norma Degraw

Parks Blueberries

Paul Van der Hoof

Paula Downs

Praxair

Sabbes Tree Farm

Sarnia Sting Hockey club

Statmedical

Suez Water Technologies

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Tracy Wintermute

Vandys Lawncare

Wardsville Golf Club

Wortner's Maple Syrup

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Kiwanis Club of

Rodney Inc.

Linde Mechanical

Nicholson Sheffield

North Kent

Mutual Insurance

OH Solutions

PCS Automation

Services Inc.

Platinum Key Realty Inc.

Royal Canadian

Legion, Melbourne

Triple 'S' Sanitation Ltd.

BRONZE SPONSORS

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BDO Canada LLP

C McWilliams Parts

& Service Ltd.

Digital Ink-

Danielle Wood

Errol & Dawn Butler

FCHS Auxiliary

Four Counties

Medical Clinic

Fulline Farm &

Garden Equip Ltd.

Gary & Joanne

Vansevenant

Gerald & Anja Zwambag

Joanne Demarest

John & Brenda Johnston

Kevin & Loretta Bourke

McColl Financial Services

McNaughton

Dodge Chrysler Inc.

Moe Sanders

Old Auto's

Publications Inc.

Paintshopone

Sally Martin

Sidney & Jane Adema

Sloan Nursery &

Christmas Trees

Thomas Jeffery

HOLE-IN-ONE SPONSORS

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Rose City Ford, Windsor

RBC Bank Branches, Rodney

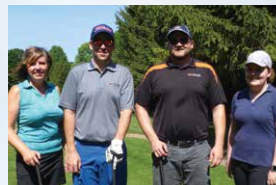
Wardsville Tire Sales



MHA Diabetes Education



WGC Masters



West Elgin Mutual Insurance Company



RBC Bank Rodney



Clark-Haasen Electric



Rose City Ford Windsor



Town & Country Mutual Insurance

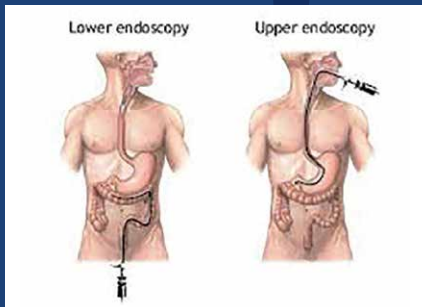


Guest Golfer James Dunn

What is Endoscopy?

Endoscopy is a nonsurgical procedure used to examine a person's digestive tract. Using an endoscope, a flexible tube with a light and camera attached to it, your doctor can view pictures of your digestive tract on a colour TV monitor.

During an upper endoscopy, a scope is easily passed through the mouth and throat and into the esophagus, allowing the doctor to view the esophagus, stomach, and upper part of the small intestine. Similarly, scopes can be passed into the large intestine (colon) through the rectum to examine this area of the intestine. This procedure is called a colonoscopy or sigmoidoscopy depending on how far up the colon is examined.



ENDOSCOPY CAMPAIGN



FIRST DAY OF SCOPES AT FCHS
L to R - Dr. Elgamal (General Surgeon) & Dr. Hurd (Anesthesia)



PART OF THE SCOPE TEAM AT FCHS
L to R - Dianna Dawson RPN, Denise Lutz RN, Dave Wagner RN

The existing FCHS endoscopy equipment is at end of life. After careful consideration, it was determined that a renewed program at FCHS should employ current technology. The FCHS Foundation has committed to raising funds to cover the \$450,000 cost of new state-of-the-art endoscopy equipment.

We would like to acknowledge and say thank you to supporters of our endoscopy campaign to date.



County of Elgin - \$50,000



Town & Country Mutual Insurance Company - \$50,000



Howard Mutual Insurance Company - \$50,000



West Elgin Mutual Insurance Company - \$20,000



County of Middlesex, Warden Wilkins Golf Tournament - \$14,500



Township of Dawn Euphemia - \$15,000



Lambton Mutual Insurance Company - \$12,500



Lorne Lodge #282 Building Corporation - \$10,000



Township of Brooke-Alvinston - \$5,000

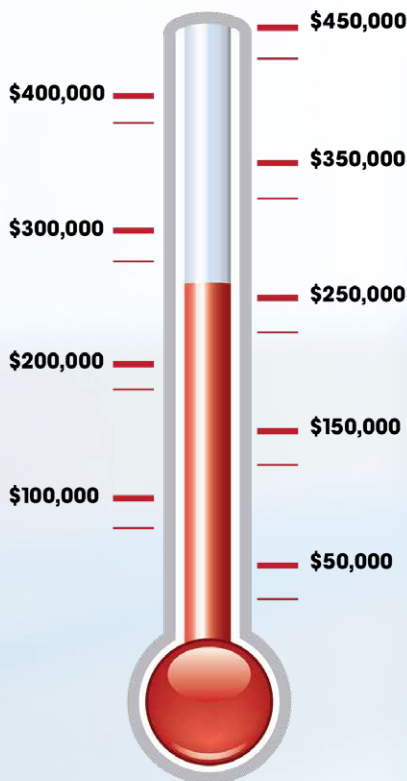


West Elgin Daffodil Association - \$5,000



Municipality of Adelaide Metcalfe - \$5,000

GOAL!



FCHS New Infrastructure Update

Main Electrical Infrastructure/Generator Project:

Health Infrastructure Renewal Fund (HIRF) Exceptional Circumstance Grant funded electrical switchgear and generator project which is nearing completion at FCHS. The contractor has completed the majority of the required shutdowns to accommodate the replacement and switching of all electrical infrastructure to the new system and should be finalized by mid/end of November.

Pneumatic Air Compressor Replacement:

HIRF funded the replacement of FCHS pneumatic air compressor. The compressor supplies control air to most thermostats and fan unit actuators. Without this compressor, we would not have the ability to supply mixed air to the facility. We are anticipating work will be complete by late December 2018.

Volunteer for the Health of It



Volunteers at Four Counties Health Services play an integral role in the day-to-day operations of the hospital. People volunteer for many reasons, including a desire to give back to the community in a meaningful way, to fill a void, or even to get out of the house. "No matter what the reason is, we appreciate each and every one of our volunteers and the time they spend with us."

Volunteer opportunities are always available and constantly changing as we expand the program. The goal at Four Counties Health Services is to provide opportunities that are rewarding and stimulating for our volunteers, while at the same time, assisting our staff and patients to meet our Mission, "to provide the care we would expect for our own families".

We continue to recruit volunteers who wish to share their skill sets and talents. If you are interested in joining our MHA Family at Four Counties Health Services, **please call 519-245-5295 extension 5595** and Volunteer, for the Health of It!

FCHS Auxiliary Christmas Bazaar & Deli Lunch

Monday November 26th
10:30 am - 3pm

A great way to start or wrap up your Christmas shopping!

Come and See us at FCHS

Four Counties Health Services
1824 Concession Drive, Newbury, ON
For more info 519-693-7111 Ext 2414



FCHS Auxiliary/ Volunteer Highlights

RAFFLE: Our fall/winter raffle features a beautiful "Lemon Pepper" quilt and two gift certificates of \$100 and \$50 for our Gift Shop. **Tickets are \$2 each or 3 for \$5; the draw will be February 14, 2019.**

The last raffle of two barbecues was drawn on August 30, 2018. Congratulations to the winners Rosemary Frketich and Madison Johnson.

ACTIVITIES: On May 7, 2018 the volunteers hosted a successful bazaar with a delicious lunch and an amazing bake sale. Don't miss our next bazaar on **November 26, 2018 between 10:30 am and 3pm.** Enjoy great seasonal shopping, lunch, bake sale, local vendors and lots of "specials".

Plan to attend our free **Ladies' Night on December 5, 2018 from 6 to 9 pm.**

OUR SHOPS: The Gift Shop is preparing for more sales as new services and clinics open at the hospital. Visit now for new fashions, home decor, jams, jellies, honey and NO TAX.

Our Bookstore has received many donations which set record sales and a wonderful selection for your winter reading. Don't forget to visit the lounge across the hall where books are \$1.00.

FCHS Foundation Volunteer Board Members

Tom Jeffery
Chair

Joanne Demarest

Terry Eckersley

Tim Hamilton

Kirk Patterson

Joanne Vasevanent

Melissa Young

Steph Ouellet
MHA VP of Strategic Partnerships

Dawn Butler
MHA Board Rep

Jackie Herdman
Auxiliary Rep

Bill Denning
SMGH Foundation Rep

Martha Wortner
Admin Assistant

Rosemary Bartlett
Assistant

FCHS Auxiliary Presents

Ladies Night

December 5th 6-9 pm

**Four Counties Health Services
1824 Concession Drive, Newbury**

Join Us For A Fun Filled Evening Of...

- Food Tastings
- Mini Fashion Show
- How to Wear A Scarf
- Mini Pampering Sessions
- Personalized Shopping
- Gift Wrapping
- Holiday Catering Ideas
- Holiday Greenery
- Hors d' Oeuvres
- Refreshments
- Jewellery Displays
- Door Prizes

For more information call 519-693-7111 Ext.2414



Beefin' It Up! for **FCHS** Middlesex Hospital Alliance **FOUNDATION**

Saturday, November 24, 2018

At Royal Canadian Legion Branch 510 Melbourne Ontario

Social time 5:30 p.m. and Silent Auction

3 Course Roast Beef Dinner at 7:00 p.m.

GUEST SPEAKER • LIVE HOMEMADE PIE AUCTION

Cost \$25/person

Tickets available at the Legion, or by calling 519-289-5320 or 519-693-4441 ext. 2438

Proceeds to FCHS Foundation Capital Equipment Appeal.