

#### Spring/Summer 2014

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In order to provide the highest level of patient care, medical images must be of excellent quality. The current x-ray equipment at FCHS is becoming a limiting factor, no longer able to produce the sharp, detailed pictures that you, our patients deserve. Digital imaging technology has seen great advances in recent years, and we want to see FCHS stay on the cutting edge. One need only look at the recently purchased Ultrasound unit at FCHS hospital to appreciate the dramatic improvement in image quality, and the difference that has made in diagnosis.

Our team urgently needs a modern digital x-ray suite to provide you, your family and friends with the best healthcare possible.

#### It's all about quality and safety...

The purchase of a new digital x-ray suite and portable digital radiography unit would provide:

Improved quality of imaging - the digital image would appear on the technologists screen within seconds of taking the exposure (similar to a digital camera). The image has no loss of information in processing and is at the highest quality and clarity for the radiologist to interpret.

# **Digital X-ray Suite Campaign** The right equipment in the right hands means that patient care is first-rate at our hospital.



time means a shorter wait for diagnosis

and treatment for you and your family.

Improved Accessibility - the new equipment

provides easier access for all patients to the

x-ray table. The technologist is easily able

to obtain complex views for wheelchair and

Increased safety for staff - The new equipment

is much more ergonomic and decreases the

moving of the older cumbersome equipment

can wear on body joints and can lead to

Finally, the digital portable unit which "travels

to the patient bedside" will offer all the above

advantages for patients who are not able to be

transported to the x-ray suite due to the nature

trauma patients.

of their illness.

risk of technologist injury.

repetitive strain injuries.

Our Diagnostic Imaging team performs approximately 5000 diagnostic exams each year. It is vitally important to keep current with new technology and updated equipment to provide quality patient care. We must help ensure that the Four Counties Health Services site is in a position to respond properly to our community's health care needs by providing the very best in diagnostic imaging equipment.

### Meet your radiologist

Hi, I'm Dr. William Dawson, Chief Radiologist at Middlesex Hospital Alliance. I am one of the 19 radiologists at London X-ray Associates who interpret the diagnostic exams performed daily at Four Counties Health Services (FCHS).

Increased safety to the patient - new digital In summary, the addition of these added services systems will deliver less radiation to the patient. will improve detection and diagnosis, patient safety and satisfaction. It will also increase the range of Faster imaging- Digital x-rays are completed with a 40-60% reduction in exam time. This services available locally, and provide an attraction is especially important for the comfort and to physicians to practice at Four Counties Health care of the acutely ill patient. A faster exam

Services or in the area and send referrals.

There are not many rural sites that can confidently say that their equipment is as good as, or even better than is available in teaching hospitals or large clinics.

#### To continue to offer our patients the very best care, we need your help. .

Government funding covers day to day operational costs of the hospital, but does not pay for new equipment. Therefore community donations to the FCHS Foundation are critical to our ongoing success.

As Canadians, we've come to expect the highest quality of care, but it takes a collective effort on the part of everyone to achieve it. Your enthusiastic donation is appreciated!

Middlesex Hospital Alliance	YES! Here's my gift to help support the Digital X-ray Suite Campaign.		
FCHS FOUNDATION	Donation Amount: \$		
	Payment Method: CHEQUE VISA MASTERCARD		
Name:	Card No.: Expiry:		
Address:	Signature:		
City: Province:	Email:		
Postal Code:	<b>YES!</b> I would like to join the <b>Monthly Giving Program</b>		

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Tel: (519) 693-4441, ext 2438 Fax: (519) 693-7084 Email: info.fchsfoundation@mha.tvh.ca

The constant

CHARITABLE REG. # 11892 9546 RR0001



# Volunteer Board Members

Paula Downs - Chair Bob Hamilton - Vice Chair Terry Eckersley Tim Hamilton Betty Ann MacKinnon Marigay Wilkins Margaret Ann Wright Catherine Kirk - FCHS Rep Bill Montgomery - MHA Board Rep Jason Timmermans - SMGHF Rep Jackie Herdman - Aux Rep Martha Wortner - Admin Assistant



Tammy Kovacs Ultrasound Technologist FCHS

#### **THANK YOU** to the Community For Your Support! We reached our goal!

ultra sound machine.



#### A Message from the Board Chair First, let me thank you, the donors, for a successful ultra sound campaign. The Foundation completed the purchase of a new ultra sound machine for Four Counties hospital thanks to your generous contributions over the last year. The benefits are clear and the rewards significant as a result of the new

The Foundation works very hard to ensure the equipment needs of the hospital are met as efficiently and effectively as possible to ensure the greatest benefit for the community. As you know, the Foundation focuses each year on purchasing hospital equipment that will benefit all of us. This year, we are focusing again on what is important to you! The Foundation has

committed to replacing the existing X-ray equipment at Four Counties. This is an enormous expense for the hospital but a necessity and so the Foundation has stepped in to commit on the upgrading of the existing X-ray room, X-ray machine and associated radiology equipment. The last X-ray machine was purchased 9 years ago and the portable equipment is 20 years old. Digital imaging (DI) has significantly changed over that time period and so has the demand for up to date DI equipment at Four Counties. Because of the problems with the existing X-ray equipment there has been increasing downtime issues as the existing equipment ages. In order to keep you happy, the new DI equipment will be in a position to better serve the community on a consistent and timely basis.

Stay tuned for more information as the Foundation's campaign for the new X-ray equipment for Four Counties hospital kicks off. Don't forget to check out the upcoming events for 2014 on our website at www.fchsfoundation.ca! Watch for specialized events on Facebook! Your continued support of the Foundation and the Four Counties hospital is greatly appreciated. Please do not hesitate to contact the Foundation Board with any questions or concerns you may have.

### New Ultrasound Machine District Curlin

The Diagnostic Imaging department is very happy with the purchase we made of the brand new Philips IU22 Ultrasound Machine. The machine is more ergonomically friendly, smaller in size (requiring less space) and of course is up to date with the latest technology available to ultrasound. It is completely digital so images are sent to a PACS (Picture Archiving Communication System) where they are stored and then read/interpreted by a Radiologist wherever they are working that day!

The new machine provides improved image quality which helps aid in making an accurate diagnosis for our patients.

# District Curling Club donated **\$1,075** towards Ultrasound campaign



#### LEFT TO RIGHT

Howard Van der Hooft Bonspiel Chairman, Debbie Munn, Margaret May President Curling Club, Bob Hamilton Foundation Board member, Martha Wortner Adm Assistant Glencoe

The Glencoe & District Curling Club have been great supporter's of the Four Counties Health Services and to date have donated \$26,090 from their annual curling bonspiel.

### **YES!** I would like to join the Monthly Giving Program

#### I would like to give \$ \_

**METHOD OF PAYMENT:** I authorize The Foundation of Four Counties Hospital to withdraw from my bank account through my financial institution on the 10th day of each month.

I have enclosed a VOID cheque	I prefer to use my credit card / VISA MASTERCARD	
Card No.:	Expiry:	
Signature	Date:	

You will receive a tax receipt at the end of the year. At any time you can change or cancel your monthly contribution by notifying **The Foundation: 519-693-4441 x 2438** 

At FCHS Foundation we appreciate your support and we treat your information will respect. We do not rent, sell or trade any personal information. The information you provide will be used to issue your charitable donation receipt and to keep you informed of events and fundraising opportunities in support of FCHS. If at any time you wish to be removed from our mailing list simply contact us: 519-693-4441 ext 2438 or info@fchsfoundation@mha.tvh.ca

# **Upcoming Events**



### SUNDAY NOVEMBER 23, 2014

Register online at raceroster.com/2607 or www.fchsfoundation.ca **10K, 5K, and 3K** (Enter individually or as a team) **Everyone is invited to participate!** • Pledge forms available

Volunteer opportunities

· Raising funds for Digital X-ray Suite

For further information

#### call **519-693-7111** ext **2438**



Four Counties Health Services Foundation 20TH ANNUAL GOLF TOURNAMENT

> WARDSVILLE GOLF & COUNTRY CLUB FRIDAY JULY 18, 2014 \$80.00 PER PERSON \$60.00 WARDSVILLE MEMBERS CASH SCRAMBLE HOLE IN ONE OPPORTUNITIES/SILENT & LIVE AUCTION

**REGISTER WITH PAYMENT BY JULY 11/14** 

PAYMENT INCLUDES 18 HOLES OF GOLF, CART, AND DINNER MENS' AND WOMEN'S CLOSEST TO THE PIN AND LONGEST DRIVE (CHARITABLE RECEIPT)

> 3 DIVISIONS OF COMPETITION MENS LADIES MIXED

REGISTRATION 11:00 TO 11:30 A.M. SHOT GUN START AT 12:00 NOON REGISTRATION FORM AVAILABLE AT WWW.FCHSFOUNDATION.CA

For Information Call Foundation Office 519-693-7111 x 2438 E Mail Martha.Wortner@mha.tvh.ca

### Parrish & Heimbecker Support Grain Pledge Program

When Four Counties Health Services Foundation first approached us about having a Grain Pledge Program, we thought this would be an excellent way to help connect our farmers with our local hospital. This opportunity allows our farmers to have the option of donating grain in a relatively quick and simple manner and being able to contribute to our community with the fruits of their labour. Our farmers are all proud of their crops and their community.



LEFT TO RIGHT Debbie Munn and Roland McAlpine

### Testimonial

Joe Elliott and Jules Dewulf local farmers urge farmer participation in the Programs.

"We support Four Counties Health Services Foundation in their endeavors of up grading and acquiring new and innovative equipment to better serve the Four Counties area."

Over the past several years the Glencoe Branch at Parrish and Heimbecker have supported our local hospital as it is extremely important to support our local community and services. The Grain Pledge program is another creative way for not only P&H but also our farming community to work together to continue to support our local services. If one of our producers is not certain on how to donate to this program, that is where P&H can provide assistance in the donation process. Not only does this provide the producer the opportunity to donate a portion of his crop but also work with a local agri business and strengthen the ties and contributions to the local community. Every person who lives in the Four Counties community should be proud of the services available to ensure healthy and thriving families.

The Foundation has recently launched a major campaign to acquire a new X- Ray system that is state of the art and will improve detection, reduce time, and be more accessible for the handicapped, elderly and injured.

The area has limited companies or manufacturing industries that could pledge funding to assist. Therefore, we are asking the area residents as

### Payroll Employee Pledge Program



well as the farming community to do what ever they can to support this project.

Maintaining and improving the care at this facility means so much to the residents of this community that it can't be ignored.

The Foundation has a wide range of programs in place that allows for fast and easy support, at which ever level and time frame you choose.

# Interested in Hosting an Event?

Four Counties Health Services Foundation has depended on the support of the community and is very fortunate to have so many generous individuals and organizations in our community who want to help us.

One way you can help is by organizing a 3rd party fundraising event in support of the hospital. Your efforts will benefit the quality of care our patients receive and your donations will help the Foundation purchase equipment. WHAT IS A 3RD PARTY FUNDRAISER? It is any event in support of the hospital that is organized by someone outside the hospital or the hospital Foundation.

WHO CAN HOLD THIS? Anyone or any group-schools, service clubs, companies, individuals.

WHAT TYPE OF EVENT OR IDEAS? Golf Tournaments, races, galas, fashion shows, auctions, dances, car washes, bake sales, any type of "A-Thons" (walk, jump, bike) and dinner parties... Be creative and have fun with it.

HOW WE CAN HELP? We can meet with you to talk about your event and provide suggestions on how to promote it.

For further information contact **519-693-7111 ext 2438** or martha.wortner@mha.tvh.ca



### Four Counties Auxiliary donates \$8,000 towards Ultrasound Campaign



Photo is in their newly renovated Book Store

BACK ROW LEFT TO RIGHT Ellen Robson Aux Chair, Joyce Beattie, Elva Siddall, Judi Oliver, Debby Ruegg,

Dorothy Macaulay, Colene Muellejans

FRONT ROW LEFT TO RIGHT Gertrude McColl, Edna Simpson, Anita Kendall, Ann Bodkin, Sylvia Hodnett, Jan Little, Debbie Munn

# Volunteer Opportunities

Perhaps Volunteering has never been a part of your lifestyle before now, but if you have a few hours to spare there are opportunities for you to become involved in your community at Four Counties Health Services.

We currently have Volunteer opportunities in our Physiotherapy Department, Adult Day Program, Book Store or Gift Shop.

If you enjoy meeting new people and want to make a difference in your community, come and Volunteer!

Call for more information:

519-693-4441 ext. 5595

History of the Auxiliary to Four Counties Health Services Following a preparatory meeting on the afternoon of February 11, 1963, fifty-six ladies registered at an evening meeting at the Anglican Parish hall in Newbury. Mrs. Charles Lockwood chaired the meeting with a guest speaker whose topic was "Organizing an Auxiliary".

In March the new hospital plans were displayed and a steering committee formed. The Auxiliary served lunch to 400 people at the Turning of the Sod ceremony on October 12, 1964. The official opening of the hospital was on December 3, 1966 and the first patient was admitted on February 12, 1967.

Seventy-one members of the Auxiliary volunteered many hours hosting teas, bazaars, offering cart service and hair care to patients. Funds raised at these events provided furniture, equipment, two flowering crab trees, two heart units, smocks for the members and uniforms for the Candy Stripers.

By the 1980's a tuck shop, hair care room and volunteer bursaries were provided by the auxiliary members. These new ventures were funded by activities such as fashion shows, bake sales, book sales and gift shop revenue, Nevada ticket sales and raffles. Finally in 2008 a new gift shop was opened in the FCHS Front Lobby and in 2010 the old tuck shop was transformed into a used book store.

The Auxiliary volunteers continue to host Spring and Fall bazaars with lunches and local vendors. In addition a Spring raffle features a new barbecue and the Fall raffle offers a quilt as first prize. To date the new bookstore has raised over \$14,000.00 from donated material. In total, the Auxiliary and volunteers have raised and donated \$292.295.00 to the FCHS Foundation.

During its 50 years of service, our Auxiliary has dedicated many hours to make Four Counties Health Services a wonderful place for our patients and our community members to receive health care.

Please consider volunteering a few hours a month to help us realize our vision and enjoy the experiences we offer.

### Newsletter Insert

Did You Know .....that since it's founding in 1963 the FCHS Auxiliary & Volunteers have raised and donated over \$292,295.00 to the FCHS Foundation to purchase necessary hospital equipment that is no longer funded by the Ministry .

On April 10, 2014 Four Counties Health Services (Middlesex Hospital Alliance) hosted their annual Volunteer Appreciation Dinner. All volunteers were invited to this special evening, which is the MHA's way of acknowledging the dedication and hard work that is provided by our volunteers. Thank You!

The most popular fundraisers continue to be the Spring and Fall Bazaars. Community members are very supportive of these events and often stay for the fabulous deli style luncheon served by the Auxiliary and volunteers. In fact, the November bazaar was so successful that it provided lunches to over 180 visitors and shoppers. This past April's Bazaar was busy and provided a great Spring outing for everyone that attended. Thanks to all that came and supported this event.

The FCHS Hospital is currently seeking additional volunteers for various positions: Gift Shop, Book Store, Nevada Ticket Sales and the popular bazaars. We would love to hear from you. It's a great opportunity to meet new people and to help support our community hospital.

Thanks again for your support and have a safe happy summer!

Give us your feedback about the Newsletter: info.fchsfoundation@mha.tvh.ca

### Thank You to the FCHS Auxiliary

The hard work of the auxiliary has paid off again! Another **\$8,000** was donated towards the Ultrasound Campaign - the campaign has resulted in the purchase of a new Ultrasound Machine at Four Counties Health Services. The auxiliary members invaluable time in the gift shop, bookstore, raffles, bazaars and the sale of Nevada tickets, is invaluable in supporting the fundraising initiatives of the Foundation. The Foundation sincerely thanks and appreciates all auxiliary members for their time and support.