

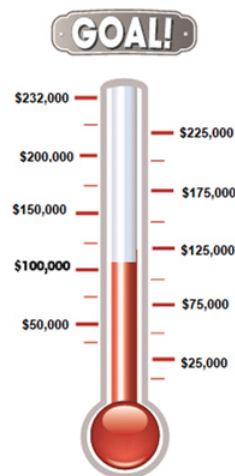
Pulse

Published by Four Counties Health Services Foundation Communications Committee

Ultrasound Campaign - \$117,000 to Achieve Goal



Ultrasound System



**\$115,000 raised
Thank you!**

- Obstetrical (view the uterus and ovaries of a pregnant woman and visualize the fetus)
- Abdominal (diagnose diseases of the liver, kidneys, pancreas, spleen, gallbladder, etc.)
- Female pelvis (uterus, ovaries, bladder)
- Male pelvis (prostate, bladder)
- Thyroid/neck (check glands)
- Vascular (evaluate flow in blood vessels)
- Shoulder (assess injury to muscles/tendons)
- Testicular

We also provide urgent bookings daily for patients from the emergency department that require an ultrasound to help aid in a diagnosis.

The current ultrasound unit at FCHS was purchased over seven years ago and is now approaching the end of life. It has been a "workhorse" for our department and requires replacement with newer technology to ensure fast, precise, and consistent imaging for our patients.

With these advanced imaging tools and improved ergonomics, this new technology delivers exceptional quality for an accurate diagnosis and treatment.

Tammy Kovacs (CRGS, CRVS)
FCHS Ultrasound Department

Ultrasound technology is one of the safest techniques used in Diagnostic Imaging. It uses high-frequency sound waves to generate images of the body. The procedure is generally painless and doesn't have risks of radiation making it safe for the detection of abnormalities.

The Ultrasound Department at FCHS operates Monday through Friday and performs approximately 2,400 scans per year. We perform a large variety of exams, including:

YES! Here is my gift to help support the FCHS Ultrasound Campaign

Donation Amount: \$ _____

Payment Method: CHEQUE VISA MASTERCARD

Card No.: _____ Expiry: _____ CVC: _____

Signature: _____

Email: _____

YES! I would like to join the **Monthly Giving Program**

Name: _____

Address: _____

City: _____ Province: _____

Postal Code: _____

To all new and committed supporters of the FCHS Foundation



As Chair of the Foundation I hope this newsletter finds you well. It has been a year since our COVID-19 appeal letter was sent and I am certain many of you wonder when this health crisis will end. Many thanks to our healthcare workers and those on the front lines delivering vaccinations. Thank you to our residents, businesses and restaurants for your part in keeping the infection rate low in our catchment area. You are appreciated and have helped our healthcare workers focus on those who need care close to home.

The Foundation board meets monthly to discuss additional ways to support our hospital.

We continue to raise funds to replace the FCHS ultrasound machine, a vital piece of hospital equipment. As shown by our

“thermometer” we are half way there and need your financial support to “burst over the top”. We continue to inform the public that the Ontario government does not fund capital equipment and this responsibility lies solely with the FCHS Foundation and our donors. You, local companies, businesses, and service clubs provide that support.

The Foundation is proud of the excellent healthcare here at FCHS. Capital medical equipment is key to keeping our hospital running efficiently and effectively. FCHS staff and Foundation appreciate your support as it gives a sense of how the community sees our hospital as a vibrant healthcare village. Please consider a donation to the Foundation when and what you can.

A major focus of the Foundation Board has been the completion of our strategic direction over the next five years. Our FCHS Foundation Board Members are excited to start work on the foundation’s short-term goals. We are all in agreement that this is

a living document and our implementation of the objectives will be thoroughly considered without time constraints to ensure best results.

Should you wish to help, we are currently looking for new Board Members. If interested and have four to six hours a month to work with us, please join our team. To learn more about the current opportunity please see “We Develop Relationships to Support Four Counties Health Services - Opportunity” below on page 2.

On behalf of the Board of Governors of the Foundation I would like to thank you for your considerate financial support in our efforts to keep quality health care close to home.

Tom Jeffery
Board Chair, FCHS Foundation

We Develop Relationships to Support Four Counties Health Services – Opportunity

Four Counties Health Services Foundation is seeking new members to join our **Foundation Volunteer Board**.

We invite applicants who reside in Chatham-Kent, Elgin, Lambton, or Middlesex Counties for their expertise and passion to help make a difference in their community for the benefit of Four Counties Health Services (hospital) located in Newbury.

Currently a board of nine members, the Board of Directors provide leadership and support in raising dollars for capital equipment to

ensure quality healthcare close to home. The foundation has supported \$8.4 million in capital medical equipment needs for our hospital since the foundation’s inception in 1987.

This position requires a commitment of four to six hours per month in the development of future goals and objectives of FCHS Foundation. Your involvement in committee work and idea-sharing will help make a difference in rural healthcare.

We would love to hear from you on how you might be able to positively contribute your energy as we work to develop relationships to support Four Counties Health Services in this exciting volunteer position.

Interested individuals are invited to contact our office for further details and application.

FCHS Foundation
1824 Concession Drive
Newbury, ON N0L 1Z0
PH: 519-693-4441 x 2438
Email: martha.wortner@mha.tvh.ca

YES! I would like to join the Monthly Giving Program

I would like to give \$ _____

METHOD OF PAYMENT: I authorize The Foundation of Four Counties Hospital to withdraw from my bank account through my financial institution on the 10th day of each month.

I have enclosed a VOID cheque I prefer to use my credit card VISA MASTERCARD

Card No.: _____ Expiry: _____ CVC: _____

Signature: _____ Date: _____

You will receive a tax receipt at the end of the year. At any time you can change or cancel your monthly contribution by notifying

The Foundation: 519-693-4441 x 2438

At FCHS Foundation, we appreciate your support and treat your information with respect. We do not rent, sell or trade any personal information. The information you provide will be used to issue your charitable donation receipt and to keep you informed of events and fundraising opportunities in support of FCHS. If at any time you wish to be removed from our mailing list, simply contact us: 519-693-4441 ext. 2438 or info@fchsfoundation@mha.tvh.ca



What's Happening at Four Counties Health Services

Hospital Update



On behalf of myself and our President & CEO, Todd Stepaniuk, we wanted to provide you with a brief hospital update.

- Our sincere thanks to you for your ongoing support of our facility as we continue to navigate the global pandemic, in particular its third wave. All of our hospital staff and volunteers have been afforded an opportunity to get vaccinated, and FCHS continues to comply with shifting government directives, signaling which clinical programs and services can either continue or resume its operations, or require a reduction/cessation of services.

- FCHS is proud to have played an instrumental role in the site selection for the rural Middlesex mass vaccination site at the Caradoc Community Centre in Mount Brydges. We are encouraged by vaccination efforts taking place to protect our general population.
- Keeping our community, patients, staff, and visitors safe continues to be of utmost importance. As such, we continue to have the following COVID safety precautions
 - Maintaining one entrance for the general public (located in the Emergency Department)
 - Staffing our entrance with screeners,
 - Mandating the use of masks, and
 - Limiting visitor access.

GENERAL "HEALTH VILLAGE" UPDATES

- As with other hospitals across the province, the effect of the pandemic on last year's operations is very much apparent with a decrease in many clinical visits, and the absence of onsite volunteers. We are hopeful to see these activities resume to pre-pandemic levels over the coming months as public vaccination efforts continue throughout our communities.
- We are very pleased to announce that Newbury Dental (located nearby) will be moving onto our hospital grounds. Renovations are underway and they will be opening their new facility in June.
- We are also in active discussions with SOAHAC (Southwest Ontario Aboriginal Health Access Centre) who wish to explore the use of space in our facility. During a recent tour, they were impressed at the diversity of services that our rural hospital provides, which in turn will provide a more comprehensive patient care experience for their clients.

Thank you for your unwavering support of our hospital, and please continue to be safe and well during these turbulent times.

Steph Ouellet
VP Strategic Partnerships, Middlesex Hospital Alliance

FCHS Infrastructure Update



Replacement of Air Handling Unit #1 and hospital steam boiler utilized all the provincial Health Infrastructure Renewal Fund (HIRF) of **\$1,383,858** are completed.

FCHS also received an Exceptional Circumstances Project Grant of **\$1,383,858** to complete the following projects:

Air Handling Unit #2

Supplies air around Acute Care, Diagnostic Imaging, and other hallways. This will control

temperatures, humidity and filtration to current standards to be completed in late May 2021.

Windows

Replacement of windows original to the building. Patient room windows were replaced in 2014. This project delayed due to COVID-19 however anticipated completion is late spring 2021.

Roof Sections

Replacement of 9,300 square feet of roofing. This project will add insulation to FCCHS and is nearing completion.

Negative Pressure Room

Emergency Department negative pressure room conversion has been made possible by a partnership between the Canadian Medical Association, Four Counties Health Services Foundation and Four Counties Health Services. This is a conversion of an existing treatment room to a combined regular treatment and negative pressure room which can be used for aerosol-generating procedures. The projected completion date is early July 2021.

Ryan Whitney,
Manager, Facilities and Maintenance Services

We Celebrate a Retirement



business office, which at the time covered switchboard, registration, and financial duties. She later moved to focus on patient registration duties and has been in that role for the majority of her career.

In reflecting on her journey at FCHS, Mary commented on how many manual processes have migrated to an electronic format. What started as handwritten notes has evolved into using manual (then electric) typewriters, and finally computers. She also remembers the days when the community at large was concerned about the hospital's viability, and whether it would close. She is so very proud of the community which has supported the hospital throughout the years and is pleased to see that the hospital is "still going strong", as demonstrated by the many positive comments received from patients as to the breadth of services offered here.

What were you doing in 1981? In 1981, the major stories included:

- The Aids Virus was identified,
- The Iran Hostage Crisis ended,
- Post-It Notes were launched,
- Anwar Sadat was assassinated,
- The first flight of the Space Shuttle Columbia took place, and
- On the world stage, Lady Diana Spencer married Charles Prince of Wales.

Mary's love of the hospital extends to her family as well. Her mother was director of nursing at FCHS, her husband worked here before passing several years ago, and one of her sons worked in food services as a high school student and later became a member of the hospital's board of directors.

This 40-year recognition is bittersweet as we also acknowledge Mary's retirement this spring, with her last day onsite being April 9th. Mary is looking forward to spending time with her two boys and extended family. Post pandemic, she is eager to travel a bit more, including "bucket list" destinations such as Iceland and Hawaii. For the time being, she will simply look forward to quieter mornings and not worrying about the alarm clock.

Not to be overshadowed, Mary Vandergulik started her first day at FCHS on March 29, 1981, and recently celebrated her 40th year anniversary at FCHS. Born in St. Thomas and raised in Rodney and Newbury, Mary initially went to school as a dental assistant but found a job at the hospital instead. Her first role at the hospital was in the

The entire FCHS family wishes Mary and her family all the best in this new chapter of her life!

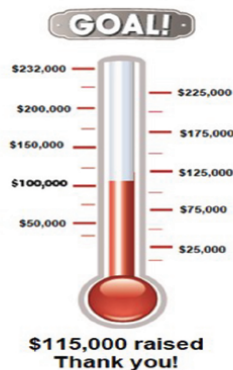


Donor Dollars At Work

2020 Annual Hospital Support \$184,493

Care Closer to Home

Ultrasound System



	\$
Food Services Dish Machine	19,253
Blood Bank Refrigerator	12,324
IBM Cisco Catalyst Switch	10,186
Patient Reception Cabinets	7,900
Patient Room TV Satellite	5,859
Vital Signs Monitor	5,418
Food Service Linen Room Door	4,376
Endoscopy CO₂ Insufflation	4,177

Completed Thank You

FCHS continues to modernize our hospital with state-of-art patient medical equipment to best serve the needs of our patients, all of which keeps "Care Closer to Home".

FCHS Foundation is pleased to support FCHS with ongoing needs of patient medical equipment and healthcare technology. Special thanks to the individuals, municipalities, organizations and businesses that make this a reality.