

## VOLUNTEER OPPORTUNITIES

CALL FOR MORE INFORMATION  
519-693-4441 x 5595

Perhaps Volunteering has never been a part of your lifestyle before now, but if you have a few hours to spare there are opportunities for you to become involved in your community at Four Counties Health Services.

We currently have Volunteer opportunities in our Physiotherapy Department, Adult Day Program, Book Store or Gift Shop.

If you enjoy meeting new people and want to make a difference in your community, come and Volunteer!

## Spotlight on Reading & Our Bookstore

Our Book Store has raised \$18000 for the Foundation for use in Four Counties Health Services. Because all our collection has been donated by our community, it covers many topics and interests.

**Location** - FCHS, across from the Lab near the Emergency Department

**Hours** - Staffed by volunteers 9:30 am to 2 pm Monday to Friday. Open later on honour system

### Prices

**Bookstore** - Hardbacks \$3, Paperbacks \$2  
**Lounge** - All books \$1  
**Hall Cart** - Specials 25 cents

### Choices

- *Mysteries/Thrillers such as Grisham, Hoag, Sandford, Grafton, Clark and Patterson*
- *Romances*
- *Westerns*
- *Science Fiction and Fantasy*
- *Fiction and Classics from Canada and the World*
- *Biographies*
- *History and Travel*
- *Crafts and Gardening*
- *Business*
- *Self Help and Health*
- *Cook books*
- *Religion and Spirituality*
- *Children's and Young Adult*

**Donations** - Gently used books can be left with a Bookstore Volunteer or on the shelf in the Lounge marked "Donations". Please visit us for a great choice of books at great prices and help our hospital.

## FCHS Auxiliary Members gearing up for April 27th 2015 Bazaar in support of FCHS Foundation Digital X-ray Suite Campaign



Photo is in their newly renovated Book Store

### Back Row, Left to Right

Ellen Robson Aux Chair, Joyce Beattie, Elva Siddall, Judi Oliver, Debby Ruegg, Dorothy Macaulay, Colene Muellejans

### Front Row, Left to Right

Gertrude McColl, Edna Simpson - *Forever In Our Hearts*, Anita Kendall, Ann Bodkin, Sylvia Hodnett, Jan Little

## FCHS Auxiliary Update

### Gift Shop

#### Going to the Beach this Summer???

Spring and summer inventory is arriving weekly at the FCHS Gift Shop. Summer fashion capes, scarves, purses and beach bags are available in vibrant summer colours along with décor items that reflect the warmth of sand & surf.

Say goodbye to winter with fun greenery & lighting that creates the perfect summer entertaining environment. Visit us and see our great gift ideas and remember at the

Gift Shop you pay ZERO TAX allowing your dollar to stretch further.

### Raffle Tickets for 2 BBQ's

It is springtime and time to start planning your summer gatherings. To get started, the Auxiliary is raffling two stainless steel/black Broil King propane BBQs each valued

at \$600.00. The barbecues are equipped with reversible heavy cast iron grids and electric powered rotisseries. Heat is 0 to 600 degrees in just minutes.

#### Now that's Smoking Hot Cooking!

BBQs are on display with tickets in the front lobby and in the Emergency Department waiting area. Tickets are \$2.00 each or 3 for \$5.00. Don't be disappointed; there are limited tickets printed. Don't miss out on this great chance to win one of two barbecues. Winners will be announced at the FCHS Foundation's 21st Annual Golf Tournament to be held at Wardsville Golf Course on July 17, 2015.

The Auxiliary graciously acknowledges Dowler-Karn Ltd Sarnia & Chatham for the donation of these amazing BBQs.

**Proceeds of the raffle will support FCHS Foundation Digital X-Ray Suite Campaign**



## In This Issue

Digital X-ray Suite Campaign	p. 1
Message from the Board Chair	p. 2
Volunteer FCHS Foundation Board Members	p. 2
Interested in Joining FCHS Foundation Board	p. 2
Glencoe IOOF#133 Donation	p. 2
Newbury Legion BR. 583 Donation	p. 2
Kiwanis Club of West Lorne Donation	p. 2
Royal Canadian Legion Branch 510 Melbourne - Widows of Veterans Donation	p. 2
Steph Ouellet - FCHS Site Director	p. 3
FCHS Foundation Golf Tournament 2015	p. 3
Glencoe & District Curling Club Donation	p. 3
New Palliative Suite FCHS	p. 3
Volunteer Opportunities	p. 4
Auxiliary Members Gear Up	p. 4
FCHS Auxiliary Update	p. 4
Auxiliary Spring Bazaar April 27th 2015	p. 4

## Digital X-ray Suite Campaign

### "Your Donation Will Help Meet Campaign Goal"



Dr. Dreyer MC, CM, FRCPC

As an emergency physician and Deputy Chief of Staff at Four Counties Health Services, I am pleased to have the opportunity to help support the Four Counties Health Services Foundation in its current fund raising initiative that will allow us to upgrade and purchase new Digital X-ray equipment.

We have a great facility and wonderful staff here at Four Counties Health Services but it is essential to update our aging diagnostic equipment if we are going to be able to continue to provide the highest standard of care to our community and your families. I am sure you know that obtaining images of different parts of the body is essential to helping us make the right diagnosis in a timely fashion. Soon after I came to Four Counties Health Services in 2002 the hospital had just installed what was then state of the art diagnostic imaging equipment. That equipment has served us well since that time. However, it has reached its natural life expectancy and needs to be replaced with new digital equipment.

New digital equipment will provide us with clearer images, with a lower radiation dose, and will make it easier for our radiology technologists and you, our patients, to have these X-rays taken.

I implore you to please contribute to this important campaign so that we may continue to be able to provide top-notch care for you and your family at Four Counties Health Services, your community hospital.

Sincerely,

Jonathan F. Dreyer MC, CM, FRCPC

## It is all about Quality and Safety

The purchase of a new digital X-ray suite and portable digital radiography unit will provide:

**Improved Quality of Imaging** - the digital image will appear on the technologist's screen within seconds of taking the exposure (similar to a digital camera). The image has no loss of information in processing and is at the highest quality and clarity for the radiologist to interpret.

**Increased Safety to the Patient** - new digital systems will deliver less radiation to the patient.

**Faster Imaging** - digital X-rays are completed with a 40-60% reduction in exam time. This is especially important for the comfort and care of the acutely ill patient. A faster exam time means a shorter wait for diagnosis and treatment for you and your family.

**Improved Accessibility** - the new equipment provides easier access for all patients to the X-ray table. The technologist is able to easily obtain complex views for wheelchair and trauma patients.

**Increased Safety for Staff** - the new equipment is much more ergonomic and decreases the risk of technologist's injury. The constant moving of the older cumbersome equipment can wear on body joints and may lead to repetitive strain injuries.

**Finally** - the digital portable unit which "travels to the patient's bedside" will offer all the above advantages for a patient not able to be transported to the X-ray suite due to the nature of their illness.

This technology comes at a substantial cost. The capital cost for Digital X-ray System, Portable Radiography and Turnkey Install is \$700,000. Community and donor support are vital in helping achieve targeted goal of \$700,000 this year.



Palliative Care Suite Officially Opened at Four Counties Health Services April 7, 2015 (See Page 3).

## FCHS FOUNDATION Middlesex Hospital Alliance

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

### YES! Here's my gift to help support the Digital X-ray Suite Campaign.

Donation Amount: \$ \_\_\_\_\_

Payment Method:  CHEQUE  VISA  MASTERCARD

Card No.: \_\_\_\_\_ Expiry: \_\_\_\_\_

Signature: \_\_\_\_\_

Email: \_\_\_\_\_

YES! I would like to join the Monthly Giving Program

CHARITABLE REG. # 11892 9546 RR0001

1824 Concession Dr., R.R. #3 Newbury, ON N0L 1Z0

Tel: (519) 693-4441, ext 2438 Fax: (519) 693-7084 Email: info.fchsfoundation@mha.tvh.ca

## JOIN US ON APRIL 27TH Spring Bazaar

The FCHS Auxiliary is holding its annual Spring Bazaar & Deli Style Luncheon on Monday April 27th from 10-3pm. Either alone or as a group, start in the FCHS Lobby. There will be new vendors with great summer entertaining ideas and products. Stop by the popular bake and book tables as well as the Gift Shop, stocked with an array of fun summer ideas and fashions. When you are finished shopping join us for our Deli Style Luncheon starting at 11:30 am.

Now accepting vendors; call Jackie at (519) 693-7111 Ext 2414.

### Our Popular Deli Lunch - Still only \$5.00

Lunch includes your choice of 3 hearty homemade soups, choice of sandwich with fixings, fresh fruit cocktail/dessert and beverage. Meals can be ordered to go. See you there!

## Volunteer Board Members

- Paula Downs - Chair
- Terry Eckersley
- Tim Hamilton
- Betty Ann MacKinnon
- Marigay Wilkins
- Margaret Ann Wright
- Steph Ouellet - FCHS Site Director
- Bill Montgomery - MHA Board Rep
- Sue McLean - SMGHF Rep
- Jackie Herdman - Aux Rep
- Martha Wortner - Admin Assistant

## Interested in Joining the Four Counties Health Services Foundation Board?

Four Counties Health Services Foundation located in Newbury is responsible for developing relationships and raising funds to support Four Counties Health Services site.

The Four Counties Health Services site provides primary hospital care services in the western half of Middlesex County, parts of Elgin County, parts of Chatham-Kent and Southeast Lambton County.

Four Counties Health Services Foundation Board of Directors is in the process of recruiting new board members due to the expiry of board member terms. We invite applications from persons who reside in the area and are interested in using their expertise to make a difference in their own community.

If you are interested in joining the Four Counties Health Services Foundation Board we would like to hear from you.

On behalf of the board of Directors we invite you to contact:

**Martha Wortner**  
519-693-4441 x 2438  
martha.wortner@mha.tvh.ca  
1824 Concession Drive,  
Newbury, ON N0L 1Z0



## A Message from the Board Chair

Despite a slow start, I see the beginnings of Spring...finally. It has been a long winter though productive. Early in 2015, the Foundation geared up its fundraising initiatives for the capital campaign required to fund a new X-ray suite and equipment at Four Counties Health Services. The current X-ray equipment at Four Counties Health Services is dated, and when the Foundation asked the hospital what equipment was needed, without a doubt, the recommendation was a renovated X-ray suite and equipment. In discussing this fundraising initiative with the community, there is no doubt in my mind the necessity of updating this equipment at the hospital to ensure quality services continue to be provided to our community.

Watch for more fundraising initiatives related to the new X-ray suite and equipment!

If you have some spare time and you are looking to volunteer, the Foundation is always looking for volunteer board members. If you are interested in being a Governor of the Foundation, please contact Martha Wortner for more details about the responsibilities involved. You will make a difference.

Don't forget to check out upcoming events on our website at [www.fchsfoundation.ca](http://www.fchsfoundation.ca)

Watch for specialized events on Facebook! Your continued support of the Foundation and Four Counties Health Services is greatly appreciated. Please do not hesitate to contact the Foundation Board with any questions or concerns you may have.

### Glencoe IOOF#133 donates \$500 towards Digital X-Ray Suite Campaign



Left to Right (Back) Charlie Pole, Harold Whitbourn, Marigay Wilkins (FCHSF Board Member), Martha Wortner (FCHSF Admin Assistant), Ken Pole

Left to Right (Front) Ron Crawford, James Pole (DDGM District 14), Jim Henderson, Gregory Pole (Warden District 14) and Harold Smith

### Kiwanis Club of West Lorne donates \$500 towards Digital X-Ray Suite Campaign



Left to Right Sylvia Logan, Julie Newman, Laura James (FCHS Diagnostic Team Leader), Martha Wortner (FCHS Admin Assistant).

### Newbury Legion BR. 583 donates \$1,000 towards Digital X-Ray Suite Campaign

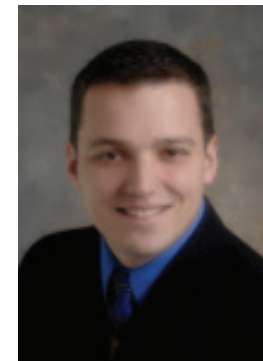


Left to Right Legion Members Joe Rillett and Jeremy Alexander, Martha Wortner (FCHSF Admin Assistant), Tim Hamilton (FCHSF Board Member).

### Royal Canadian Legion Branch 510 Melbourne - Widows of Veterans donates \$500 towards Digital X-Ray Suite Campaign



Left to Right Tom Jeffery, Tim Hamilton (FCHSF Board Member)



## Steph Ouellet Biography

Steph Ouellet joined the MHA on February 2nd as the Four Counties Site Director & VP Strategic Partnerships. He will be directing the overall operations at FCHS as well as driving strategic partnerships with Middlesex Hospital Alliance.

Steph previously worked in several private and public organizations. At the Thames Valley Family Health Team, he was the Director of

Clinical Operations and Human Resources, the 2nd largest family health team in the province of Ontario serving 155,000 patients across 16 sites within London, Middlesex, Oxford and Elgin counties. At BlackBerry, he was Director of Business Management for its customer support operations. At London Health Sciences Centre, he was the first Director for the Regional Shared Services (RSS), implementing Digital Imaging, Electronic Patient Record, and Business Systems at regional hospitals across the area.

Steph holds a Bachelor of Commerce degree from the University of Ottawa and a Masters of Business Administration from Western University. Steph is a recipient of the Richard J. Schmeelk Canada Fellowship and the Valued Contributor Award by the Paediatric Oncology Group of Ontario.

He has also been involved in numerous volunteer/board activities, more recently as a board member of the London Regional Children's Museum.

A native of Bathurst, New Brunswick, Steph currently lives in London, Ontario with his wife Tracy (a family physician) and their children Alex, Emma and Sarah.

## SAVE THE DATE – JULY 17TH 2015 FCHS Foundation Annual Golf Tournament

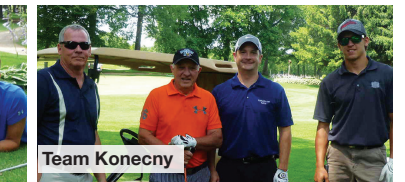


Wardsville Golf Course

Teams from FCHS Foundation 2014 Golf Tournaments:



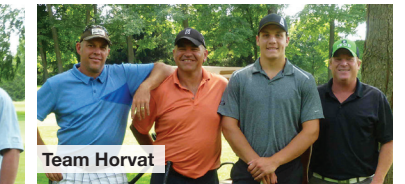
Team MHA Henderson-Barnes



Team Konecny



Team Scheifele & Howell



Team Horvat

Stay tuned for more information as the Foundation kicks off 2015 Golf Tournament.

## Glencoe & District Curling Club – donates \$1,000 towards Digital X-Ray Suite Campaign from 2015 Curling Bonspiel



Left to Right Mark Williams (Glencoe Curling board member), Convenor Howard van der Hooft, Martha Wortner (FCHSF Admin Assistant), Gerald Reyrcraft (Curling Club vice-president).

Since 1996 the Glencoe & District Curling Club has held an annual bonspiel to help fund necessary medical equipment for Four Counties Health Services. To date the club has raised and donated \$27,465 to Four Counties Health Services Foundation. Your continued support is very much appreciated!

## New Palliative Care Suite at Four Counties Health Services



Patient Palliative Care Suite

Renovations have been completed and a new state of the art palliative care suite was officially opened at Four Counties Health Services on April 7, 2015.

In addition to a modern patient care area, the suite offers a wheelchair accessible washroom and is fully



Family Suite adjoining Patient Palliative Care Suite

furnished with overnight sleeping accommodations for immediate family members. A kitchenette and living area including a telephone, internet access and 2 flat screen televisions complete the suite.

## YES! I would like to join the Monthly Giving Program

I would like to give \$ \_\_\_\_\_

**METHOD OF PAYMENT:** I authorize The Foundation of Four Counties Hospital to withdraw from my bank account through my financial institution on the 10th day of each month.

I have enclosed a VOID cheque  I prefer to use my credit card /  VISA  MASTERCARD

Card No.: \_\_\_\_\_ Expiry: \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_

You will receive a tax receipt at the end of the year. At any time you can change or cancel your monthly contribution by notifying

The Foundation: 519-693-4441 x 2438

At FCHS Foundation we appreciate your support and we treat your information with respect. We do not rent, sell or trade any personal information. The information you provide will be used to issue your charitable donation receipt and to keep you informed of events and fundraising opportunities in support of FCHS. If at any time you wish to be removed from our mailing list simply contact us: 519-693-4441 ext 2438 or [info@fchsfoundation@mha.tvh.ca](mailto:info@fchsfoundation@mha.tvh.ca)

## Interested in Hosting an Event?

Four Counties Health Services Foundation depends on the support of the community and is very fortunate to have so many generous individuals and organizations who want to help us.

One way you can help is by organizing a 3rd party fundraising event in support of the hospital. Your efforts will benefit the quality of care our patients receive and your donations will help the Foundation purchase equipment.

**WHAT IS A 3RD PARTY FUNDRAISER?** It is any event in support of the hospital that is organized by someone outside the hospital or the hospital Foundation.

**WHO CAN HOLD THIS?** Anyone or any group-schools, service clubs, companies, individuals.

**WHAT TYPE OF EVENT OR IDEAS?** Golf Tournaments, races, galas, fashion shows, auctions, dances, car washes, bake sales, any type of "A-Thons" (walk, jump, bike) and dinner parties... *Be creative and have fun with it.*

**HOW WE CAN HELP?** We can meet with you to talk about your event and provide suggestions on how to promote it.

For further information contact 519-693-4441 x 2438 or [martha.wortner@mha.tvh.ca](mailto:martha.wortner@mha.tvh.ca)