

JOIN US NOVEMBER 17TH Shopping & Deli Style Luncheon

On **Monday November 17, 2014** starting at 10 am the Auxiliary of Four Counties Health Service is hosting their annual **Fall/Winter Bazaar** in the front lobby and auditorium of the hospital. Our Gift Shop and Bookstores will be open with special prices and extra display tables. Holiday specialty items will include ladies' clothing, jewellery, purses, scarves, home decor items, honey, maple syrup, jams and jellies - all great ideas for seasonal gifts.

Our Bake Sale will be filled with fresh home made treats guaranteed to please. Tickets will be available for a beautiful hand crafted quilt, an afghan and a gift basket, the draw being December 22nd. Tickets are \$2 each or 3 for \$5.

Nevada tickets will be available to try your luck and the Diabetes Educational Centre will offer free glucose screening to anyone interested.

In addition, many local vendors will be on hand displaying their products. If you are a merchant wishing to reserve space for your merchandise please phone 519 693 7111 ext 2414.

Our Popular Deli Lunch

To make your day complete, our delicious deli luncheon will be served between 11 am and 1 pm. The choices will include hearty soups, deli style sandwiches and new this year, chili and a bun plus a tasty fruit salad and baked treat, tea or coffee. Cost is only \$5.

All proceeds from the FCHS Auxiliary Bazaar will be contributed to the **FCHS Foundation Digital X-ray Suite Campaign**. Please come out and join us, bring a friend and have an enjoyable day supporting your local community hospital.



FCHS Auxiliary Members gearing up for November 17th 2014 Bazaar in support of FCHS Foundation Digital X-ray Suite Campaign.

Photo is in their newly renovated Book Store

Back Row, Left to Right

Ellen Robson Aux Chair, Joyce Beattie, Elva Siddall, Judi Oliver, Debby Ruegg, Dorothy Macaulay, Colene Muellejans

Front Row, Left to Right

Gertrude McColl, Edna Simpson, Anita Kendall, Ann Bodkin, Sylvia Hodnett, Jan Little

FCHS Auxiliary Update

This year marks the 51st anniversary of the Four Counties Health Services Auxiliary, the 50th anniversary of the official sod turning for our hospital and the 48th year since the hospital opened. During this time total donations given to the hospital by the Auxiliary have reached over \$300,000 and this year we aim to raise another \$18,000. All efforts and proceeds from our Auxiliary members and volunteers stay at Four Counties Health Services.

You can make a difference by joining our group for only a few hours a month. In return you will be rewarded with an enjoyable experience and at the same time support your community hospital. All volunteers are invited to attend the Auxiliary/Volunteer meetings held on the first Monday of every month from September to June.

To raise funds for FCHS hospital the Auxiliary operates a gift shop located in the front lobby, 2 book stores near the Emergency Department,

Nevada ticket sales, is a dealer and installer of "Life call", an in-house emergency response system, hosts spring and fall bazaars, a spring plant sale and sponsors two raffles each year.

Our Gift Shop has received new shipments of merchandise such as purses, scarves, knitted wraps, jewellery, cards, honey, jams and home decor items, all great ideas for seasonal gifts. Since March 2014 the gift shop has raised \$3,921. The book store expanded last January into the patient lounge across the hall from the bookstore where all books are \$1 each. We continue to provide a cart of books outside the bookstore with all books selling for 25 cents each. In the original book store hardbacks sell for \$3 each and paperbacks \$2 each. Since March of 2014 we have raised \$2,213 bringing our total since opening in 2010 to an amazing \$16,466. All books are donated by our supportive community. Visit us to discover an excellent supply of mysteries, romances and

general fiction. We also have health, cooking, craft and hobby, children's, history, biography and inspirational books to choose from. We are pleased to accept and need gently used books, especially non-fiction.

The group also sponsors a Spring and Fall raffle. The spring raffle was for a barbecue and this year raised \$1,448. Our Fall raffle offers three prizes: 1st prize is a hand sewn quilt generously donated by Doretha Hick, 2nd prize is a hand crocheted afghan donated by Faye Gray and 3rd prize is a gift basket. Tickets are on sale for \$2 each or 3 for \$5 and are available in the front lobby or in the Emergency Department waiting area.

The FCHS Auxiliary and volunteers sincerely thank the community for their support and generosity.

VOLUNTEER OPPORTUNITIES

CALL FOR MORE INFORMATION
519-693-4441 x 5595

Perhaps Volunteering has never been a part of your lifestyle before now, but if you have a few hours to spare there are opportunities for you to become involved in your community at Four Counties Health Services.

We currently have Volunteer opportunities in our Physiotherapy Department, Adult Day Program, Book Store or Gift Shop.

If you enjoy meeting new people and want to make a difference in your community, come and Volunteer!

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Digital X-ray Suite Campaign

"New Technology Close to Home"



Left to Right
Laura James & Jeff Fraser

Meet Your Technologist

Hi, I'm Laura James, Team Leader and X-ray technologist at Four Counties Health Services. I have worked here for over 12 years. I am one of the seven dedicated technologists on staff who can provide imaging services to you and your family when required for your care.

This campaign is one which I am very excited about, as it means new state of the art equipment for our local hospital. Our department completes an average of 5500 x-ray exams per year. Our current x-ray equipment is in genuine need of replacement due to aging technology, ergonomic and accessibility issues.

When I first began my career at Four Counties Health Service, we were still using chemicals in a dark room to process the film. We were still measuring patients and setting techniques to get enough exposure for a good image. It was manual and very time-consuming work! We are currently using a technology called Computed Radiography. After taking the x-ray, we put the plate through a scanner that reads the image using light. The image then comes up on a computer to be reviewed by the technologist, and then sent to another computer where it can be viewed by the Radiologist.

The new equipment we are fundraising for is a **true digital technology**. There is no loss of information from start to finish. It is similar to when you take a picture with your digital camera- you press the button and within seconds it is on the screen for the technologist to view. This results in time savings from case to case and means patient care is expedited.

Who doesn't love getting something new? A new phone, a new car, a new television - nothing better!! For me it's not only exciting because it will be fresh and new; I am more excited for the patients that I serve each and every day. The table will come down very low to allow easy access both on and off for the patient. Most of us know what it feels like to have a sore back, sore hip or a fractured limb. Now picture yourself climbing up on a footstool, and then up onto a more than waist high table with that sore body part. This describes our current set-up, but our new room will be built with accessibility in mind. The table will come down very low to allow for easy on and off for the patient. The x-ray tube will move with the push of a button, and within seconds of taking the x-ray, the technologist will be able to view the image and move on to the next step. It is also comforting to know that this new technology will lower the radiation dose.

This will be the third room that I have worked with during the course of my career. I have seen many changes and it is an exciting time. Diagnostic Imaging is an expensive, rapidly changing field and we are fortunate to have a hospital in our own back yard that is committed to keeping up with the changes. It will enable more procedures to be performed on site, thereby reducing the need for patients to travel elsewhere.

I am proud to say that I work at a hospital that has the commitment to meet and exceed the best service and technology for our patients and community. What a feeling to leave the hospital knowing you had your exam done with the best technology available!

This technology does come at a substantial cost, and it will be an ambitious fundraising campaign for our communities. The amount required for suite renovation and installation of a new state of the art X-ray suite and a portable x-ray unit is \$700,000. It is important to remember that the Government of Ontario only funds day to day operational costs of hospitals, but does not fund the purchase of new and replacement equipment.

Together we must help ensure that Four Counties Health Services is in a position to respond properly to our community's health care needs. I urge you to consider making an *enthusiastic donation* today towards this amazing step forward for Four Counties Health Services!



Left to Right Travis Konency, Bo Horvat, Mark Sheifele, Dara Howell. See page 3 re. 20th Annual Golf Tournament.

FCHS FOUNDATION

Name: _____

Address: _____

City: _____ Province: _____

Postal Code: _____

YES! Here's my gift to help support the Digital X-ray Suite Campaign.

Donation Amount: \$ _____

Payment Method: CHEQUE VISA MASTERCARD

Card No.: _____ Expiry: _____

Signature: _____

Email: _____

YES! I would like to join the **Monthly Giving Program**

Volunteer Board Members

- Paula Downs - Chair
- Robert Hamilton - Vice Chair
- Terry Eckersley
- Tim Hamilton
- Betty Ann MacKinnon
- Marigay Wilkins
- Margaret Ann Wright
- Bill Montgomery - MHA Board Rep
- Sue McLean - SMGHF Rep
- Jackie Herdman - Aux Rep
- Martha Wortner - Admin Assistant

Interested in Joining the Four Counties Health Services Foundation Board?

Four Counties Health Services Foundation located in Newbury is responsible for developing relationships and raising funds to support Four Counties Health Services site.

The Four Counties Health Services site provides primary hospital care services in the western half of Middlesex County, parts of Elgin County, parts of Chatham-Kent and Southeast Lambton County.

Four Counties Health Services Foundation Board of Directors is in the process of recruiting new board members due to the expiry of board member terms. We invite applications from persons who reside in the area and are interested in using their expertise to make a difference in their own community.

If you are interested in joining the Four Counties Health Services Foundation Board we would like to hear from you.

On behalf of the board of Directors we invite you to contact:

Martha Wortner
519-693-4441 x 2438
martha.wortner@mha.tvh.ca
1824 Concession Drive,
Newbury, ON N0L 1Z0



A Message from the Board Chair

I often discuss with family and friends how lucky we are to have a great hospital such as Four Counties Health Services available to us in our community. We are lucky to have such great doctors, nurses and staff that are dedicated to providing good care to our community. It brings me comfort to know that in a small, rural community such as ours, there are necessary life services available to help those who need it.

It has always been the goal of the Foundation to assist Four Counties Health Services in the purchase of necessary hospital equipment. This year we are focusing on a long-term fundraising campaign that may last more than a number of years. The Foundation has committed to replacing

the existing Digital Imaging (DI) equipment at Four Counties Health Services. This is an enormous expense for the hospital but a necessity and so the Foundation has stepped in to commit to the upgrading of the existing Digital Imaging equipment including a new X-ray room, X-ray machine and associated radiology equipment. The last X-ray machine was purchased more than 9 years ago and the portable equipment is more than 20 years old. Digital Imaging (DI) has significantly changed over that time period and so has the demand for up to date DI equipment at Four Counties Health Services. Stay tuned for more details on the DI campaign!

If you have some spare time and you are looking to volunteer, the Foundation is always looking for volunteer board members. If you are interested in being a Governor of the Foundation, please contact Martha Wortner for more details about the responsibilities involved in being a Governor of the Foundation Board. You will make a difference.

Stay tuned for more information as the Foundation's campaign for the new DI equipment for Four Counties Hospital kicks off. Don't forget to check out the upcoming events on our website at www.fchsfoundation.ca! Watch for specialized events on Facebook! Your continued support of the Foundation and the Four Counties Hospital is greatly appreciated. Please do not hesitate to contact the Foundation Board with any questions or concerns you may have.

Thamesville Knights of Columbus Council #7251 donates \$500 towards Digital X-Ray Campaign



Left to Right
Margaret Ann Wright - FCHS Foundation Board Member
Rod Papak Grand Knight - Thamesville Knights of Columbus Council #7251

The Thamesville Knights of Columbus Council #7251 continue to be great supporters of FCHS Foundation and to date have donated \$1,750 from their annual fund raising.

West Elgin Daffodil Auxiliary donates \$5,000 towards Digital X-Ray Campaign



Left to Right
Barbara Campbell, Margaret Gruenbauer,
Terry Eckersley - FCHS Foundation Board Member
Marlene Payne, Leola Lawrence (absent)

The West Elgin Daffodil Auxiliary continue to be great supporters of FCHS Foundation and to date have donated \$35,000 primarily from their annual golf tournament.

FCHS Foundation Appeals to Local Farming Community to Support DI Digital X-Ray Suite Campaign

Agriculture is a major industry within the Four Counties Health Services catchment area, we ask for your support through direct donations or through the foundation's grain program. The FCHS Foundation is dedicated to ensuring that the equipment needs of the hospital are met to provide the greatest benefits for our community.

Robert Hamilton
FCHS Foundation - Events Chair

TESTIMONIAL

Joe Elliott and Jules Dewulf local farmers urge farmer participation in FCHS Foundation grain program.

"We support Four Counties Health Services Foundation's Digital X-Ray Suite Campaign" to ensure that the Four Counties Health Services site is in a position to keep current with new technology and updated equipment to provide quality patient care for our community.

FCHS Foundation's Annual Golf Tournament Raises \$15,500 toward Digital X-Ray Campaign

144 Golfers enjoy 18 holes of golf at Wardsville Golf Course on a perfect day in July. Bo Horvat (Vancouver Canucks), Travis Konecny (Ottawa 67's), Mark Scheifele (Winnipeg Jets) and Dara Howell (Sochi 2014 Ski Slope Gold Medalist) joined teams and mingled with golfers through out the day to help make the event a huge success.

The FCHS Foundation sincerely thanks all sponsors, auction donors and players for your participation to make the 20th annual golf tournament a success.

2014 SPONSORS

- Babcock Community Care Centre Ltd
- BDO Canada LLP - Strathroy
- Brian Lawson
- Canadian Springs London - Randy Armstrong
- Chase Enterprises
- Cunliffe Wealth Management
- RBC Dominion Securities
- Curney Mechanical Ltd
- Dowler Karn Limited
- Downs Law Professional Corporation
- Fulline Farm Equipment
- Gary Merritt Law Office
- Glencoe Pharmacy
- Harold Marcus Ltd
- Jerry Prince
- Johnson Bros (Bothwell) Ltd
- Lambton Conveyor Limited
- Lambton Mutual Insurance Company
- McNaughton Dodge Chrysler
- McWilliams Sales & Service Limited
- Nicholson Sheffield Architects Inc
- Old Autos Publications Inc. O/A Quad Printing
- Parks Blueberries Ltd
- Precision Concrete Ltd
- Sloan's Nursery & Christmas Trees
- Sundowner Truck Accessories
- Thamesville Community Credit Union Limited
- Thomson Mahoney Delorey Lawyers - Glencoe
- Town & Country Mutual Insurance
- Van Heck Funeral Home Limited
- Vivian Uniform Rentals
- Wardsville Golf Course
- West Elgin Mutual Insurance
- West Elgin Pharmacy

Agri-business Parrish & Heimbecker Offer Grain Pledge Program



"When the Foundation of Four Counties Health Services approached our business about a Grain Pledge Program, we thought it would be an excellent way to connect our farmers with Four Counties Health Services hospital. This opportunity allows farmers to donate grain in a quick and simple manner and to contribute to our community."

Over several years the Glencoe branch of Parrish and Heimbecker has supported our local hospital. The Grain Pledge is a creative way for our farming community to support local services. If any local farmer wishes to know how to donate to this program, P&H can provide assistance. This program gives producers the opportunity to donate a portion of their crop, work with a local agri-business and strengthen ties with the local community.

Roland McAlpine
Parrish & Heimbecker



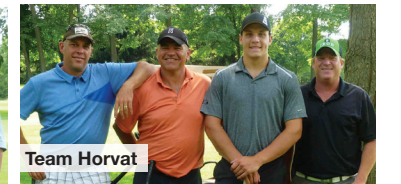
Team MHA Henderson-Barnes



Team Konecny



Team Scheifele & Howell



Team Horvat

2014 HOLE IN ONE SPONSORS

- RBC Bank
- Rose City Ford - Windsor

2014 AUCTION DONORS

- Bo Horvat
- Bob Hamilton
- Bonita Spa Essentials
- Catherine Kirk - FCHS Site Director
- Chelmark's Carpet
- CIBC
- Dowler Karn
- Downs Law
- FCHS Auxiliary
- Gary McNaughton - McNaughtons Home Hardware
- Glencoe Pharmacy
- Heather McVicar - McNaughtons Home Hardware
- Investors Group - Dutton
- K.Y.I.S. Embroidery Strathroy

- Labatt Breweries
- Lambton Mutual Insurance
- Lise Vandyk
- London Knights
- Margaret Ann Wright
- Mark Scheifele
- Monte McNaughton
- Municipality of Southwest Middlesex
- Parks Blueberries
- Paul Long
- Praxair - Derek Duncan
- R&R Honey
- RJ Fiberglass Repairs
- Stanley & Clara Wortner
- The Grand Theatre
- Tim Hamilton
- Travis Konecny
- Trish DeRuiter & Dan & Betty Walker
- Tru Country and Garden
- Wardsville Golf Course

YES! I would like to join the Monthly Giving Program

I would like to give \$ _____

METHOD OF PAYMENT: I authorize The Foundation of Four Counties Hospital to withdraw from my bank account through my financial institution on the 10th day of each month.

I have enclosed a VOID cheque I prefer to use my credit card / VISA MASTERCARD

Card No.: _____ Expiry: _____

Signature _____ Date: _____

You will receive a tax receipt at the end of the year. At any time you can change or cancel your monthly contribution by notifying

The Foundation: 519-693-4441 x 2438

At FCHS Foundation we appreciate your support and we treat your information with respect. We do not rent, sell or trade any personal information. The information you provide will be used to issue your charitable donation receipt and to keep you informed of events and fundraising opportunities in support of FCHS. If at any time you wish to be removed from our mailing list simply contact us: 519-693-4441 ext 2438 or info@fchsfoundation@mha.tvh.ca

Interested in Hosting an Event?

Four Counties Health Services Foundation has depended on the support of the community and is very fortunate to have so many generous individuals and organizations in our community who want to help us.

One way you can help is by organizing a 3rd party fundraising event in support of the hospital. Your efforts will benefit the quality of care our patients receive and your donations will help the Foundation purchase equipment.

WHAT IS A 3RD PARTY FUNDRAISER? It is any event in support of the hospital that is organized by someone outside the hospital or the hospital Foundation.

WHO CAN HOLD THIS? Anyone or any group-schools, service clubs, companies, individuals.

WHAT TYPE OF EVENT OR IDEAS? Golf Tournaments, races, galas, fashion shows, auctions, dances, car washes, bake sales, any type of "A-Thons" (walk, jump, bike) and dinner parties... *Be creative and have fun with it.*

HOW WE CAN HELP? We can meet with you to talk about your event and provide suggestions on how to promote it.

For further information contact **519-693-4441 x 2438** or **martha.wortner@mha.tvh.ca**