

## You are invited to the Four Counties Health Services Auxiliary Fall / Winter Bazaar & Deli Style Luncheon

Monday November 25, 2013 10am to 3pm • Front Entrance

Join us for a day of fun and relaxation while you shop and enjoy lunch. A variety of vendors including our Bake sale will be onsite with an array of gift ideas and treats.

Our deli style luncheon will be available from 11:00 am to 1:30 pm with a choice of soups, sandwiches, dessert and refreshments.

Bring a friend and family to enjoy our annual bazaar and luncheon.

### FCHS Auxiliary donates \$10,000 towards ultrasound campaign



FRONT ROW LEFT TO RIGHT  
Dorothy McCaulay, Gertrude McColl,  
Mary Reaume & Edna Simpson

BACK ROW LEFT TO RIGHT  
Debbie Munn Development Officer FCHS  
Foundation, Jan Little Auxiliary Treasurer,  
Betty Jones, Ellen Robson, Elva Siddall,  
Debby Ruegg & Peter Reaume

## Congratulations to the FCHS Auxiliary as it Celebrates 50 Years of Service

The FCHS Auxiliary has raised another \$10,000.00 that was presented recently to the Foundation. This money will be used to help meet the expenses of the new Ultrasound equipment for Four Counties Health Services. These monies come from our gently used Bookstore, our Gift Shop full of great ideas for gifts and treats, Nevada ticket sales, raffles and our Spring and Fall bazaars. Our Spring raffle featured a stainless steel propane BBQ and this Fall raffle items include a beautiful handmade queen sized quilt, a real mink teddy bear and a framed picture, all donated by members of our community and hospital.

### AUXILIARY ANNUAL FALL/WINTER BAZAAR & DELI LUNCH NOVEMBER 25TH • 10AM TILL 3PM

It will be one month on November 25th until you need that "special gift". Our Fall/Winter Bazaar will be held on Monday November 25th at the Four Counties Health Services (front lobby entrance). Join us for a delicious deli style LUNCHEON featuring a variety of soups, sandwiches, desserts and refreshments. Cost is still only \$5.00 per lunch and is served from 11:00am to 1:30pm. This provides an excellent opportunity for you and your family or friends to have a fun outing.

Included in our event will be local vendors, a bake table, book and gift shop specials, a raffle table, blood glucose monitoring by the MHA Diabetic Education program and an opportunity to buy Nevada or raffle tickets on a beautiful queen sized handmade quilt, a mink teddy bear and a framed picture. Tickets are \$2.00 each or 3 for \$5.00. The draw will be held on December 16th 2013.

Vendors wishing to book space should call (519) 693-7111 Ext 2414

All money that is raised by our auxiliary stays at Four Counties Health Services. We continue to welcome new volunteers that have a few hours a month to offer. **Our many opportunities to help the hospital and our community provide many personal rewards and if you wish to volunteer please call (519) 693-7111 Ext 2414.**

### GIFT SHOP

Our Gift Shop is being restocked now for the Fall and Winter. It offers ladies' fashions, jewellery, purses, scarves, home décor items, jams, honey, personal care products, diabetic socks and treats.

The Auxiliary Gift Shop continues to be an authorized dealer and installer of the Personal Emergency Response Service "Lifecall". Lifecall is "Help at the press of a button". It is a wireless personal help response system that is worn at all times around the house and provides individuals with 24/7 assistance. This is a real comfort and peace of mind for families of elderly family members who are still independent and living on their own, knowing that at the press of a simple button they and emergency response units can be notified in an emergency / security situation (break in or intruder). Lifecall has a 2-way voice communication base unit that acts as a speakerphone in case the person cannot get to the phone due to an injury etc. Lifecall also has a built in handy Medication reminder. Installation is free to our community members.

For more information please call (519) 693-7111 Ext 2414 for more information or drop by the Gift Shop to see a demonstration model.

### BOOKSTORE

The Bookstore provides a wide selection of books donated by our community and we plan to expand our area soon. Hardback books are \$3.00 each, paperbacks are \$2.00 each and specials in our 24 hour cart outside of the Bookstore are .25 cents each. We are pleased to receive donations of gently used books.



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## Ultrasound Campaign

It has been 10 years since Four Counties Health Services Foundation raised funds to purchase an ultrasound machine, which has exceeded its expected life span. In 10 years our ultrasound procedures have increased dramatically! Our department went from running 2 days a week and 1,100 scans annually to running 5 days a week and performing 3,000 scans a year.

"We are very excited about the purchase of a newer ultrasound model, which will offer enhanced features including "state of the art" imaging and improved ergonomics", states Trish DeRuiter, Director of Diagnostic Services. "It will help us continue to deliver our commitment to provide timely, quality imaging in a friendly environment."

### Did you know?

- Ultrasound imaging or sonography, involves exposing parts of the body to high-frequency sound waves to produce pictures of the inside of the human body. Ultrasound exams do not use ionizing radiation (as used in x-rays).
- The images are captured in real-time, so they can show the structure and movement of the body's internal organs and blood vessels to help physicians diagnose and treat medical conditions.
- Arterial dopplers which are only booked at the FCHS site are done to assess the blood flow in arteries in the legs of patients who have leg cramping, pain or discoloration in their toes due to decreased blood flow.
- Shoulder scans are scheduled to be available soon.
- We have highly trained, medical personnel on site to deliver care but they need the equipment.



Susan Memedovich

## A Patient's Perspective

In July of this year Susan experienced blood in her urine, which caused her to seek her family practitioners advice. His first course of action was to send her for an ultrasound to rule out kidney or bladder stone. She was pleased to be given an appointment within two weeks. Susan, said "when I arrived I was pleasantly greeted by the registration staff who showed me clearly to the ultrasound department. Again I was cordially greeted when I entered the waiting room and waited not more than 10 minutes for my appointment. The ultrasound technologist was accommodating and professional from beginning to end, my experience at Four Counties was very positive and professional. I would tell everyone needing care, that we should access these services not only for the significantly reduced wait times but because the patient care was beyond expectation".



### YES! Here's my gift to help support the Ultrasound Campaign.

Donation Amount: \$ \_\_\_\_\_

Payment Method:  CHEQUE  VISA  MASTERCARD

Card No.: \_\_\_\_\_ Expiry: \_\_\_\_\_

Signature: \_\_\_\_\_

Email: \_\_\_\_\_

YES! I would like to join the **Monthly Giving Program**

CHARITABLE REG. # 11892 9546 RR0001

1824 Concession Dr., R.R. #3 Newbury, ON N0L 1Z0

Tel: (519) 693-4441, ext 2501 or 2438 Fax: (519) 693-7084 Email: info.fchsfoundation@mha.tvh.ca



## Volunteer Board Members

- Paula Downs – Chair**
- Bob Hamilton – Vice Chair**
- Terry Eckersley**
- Tim Hamilton**
- Betty Ann Mackinnon**
- Catherine Osborne**
- Greg Peters**
- Marigay Wilkins**
- Margaret Ann Wright**
- Catherine Kirk – FCHS Rep**
- Bill Montgomery – MHA Board Rep**
- Jason Timmermans – SMGHF Rep**
- Jackie Herdman – Aux Rep**
- Debbie Munn – Development Officer**
- Martha Wortner – Admin Assistant**



## A Message from the Board Chair

Another year, another harvest and it is Fall again. We have much to be thankful for this year. On behalf of the Four Counties Health Services Foundation, I sincerely thank you for your continued support of the Foundation. The Foundation's fundraising activities play a key role in assisting to secure the future of the Four Counties hospital site. The Foundation's major commitment for the hospital this year is the purchase of a new ultrasound machine. The current ultrasound machine is dated and cannot keep up with the current requirements of the hospital or patient needs. Our investment in a new ultrasound machine will allow the community's medical needs to be well serviced. The Foundation will continue to fundraise for the new ultrasound machine throughout 2013 and 2014, so please contact the Foundation if you wish to donate towards this initiative.

The Foundation welcomes and encourages the local community to share their ideas and thoughts with respect to fundraising initiatives. If you have an idea that you would like to share with the Foundation, please do not hesitate to contact any of the Foundation Board members or staff to discuss.

Please remember to check out the Foundation website at [www.fchsfoundation.ca](http://www.fchsfoundation.ca) for upcoming events and news!

Wishing the Four Counties community a healthy, happy and prosperous 2013/2014!

Chair, Paula Downs



## Introducing the New CEO, Todd Stepanuik

Todd Stepanuik is an experienced Senior Healthcare Executive bringing over 20 years of in-depth experience from various stand alone, multi-site and integrated healthcare organizations across Canada. Todd is a values-based leader who has been recognized for building in-depth relationships with community, Ministry, business and other stakeholder groups with expertise in strategic planning, operational review, fiscal management, talent acquisition, governance and organizational change leadership. Todd provides inspirational leadership to develop high performing cultures.

Prior to joining the Middlesex Hospital Alliance in May 2013, Todd served as President and CEO of Perth and Smiths Falls District Hospital where he was accountable for overseeing the operational and financial management of the two site acute care facility, while guiding the strategic direction of the Hospital, including a \$50 million redevelopment project.

Todd has served on the OHA Board of Directors in addition to various Ministry-lead task forces, and is a member of the Ontario Hospital Association and the American College of Health Care Executives.

Todd is married and has a son in elementary school. He believes in giving back to the communities where he lives and works, and is an active member with Rotary International and Knights of Columbus. He also lends a helping hand at his son's school.

In Todd's introductory meeting with staff, he stated, "MHA has many successes to be proud of, including lean initiatives, PACS, stability of ED coverage, Unit Dose, to name a few. As CEO, I will continue to drive operational excellence. I am committed to ensuring that MHA is a place where our family is passionately engaged."

Working collaboratively with the FCHS Foundation, we are able to provide the technical equipment and system resources for our physicians, nurses and other care givers to make a real difference in the lives of our patients and live the Mission of the MHA, "to provide the healthcare we would expect for our own families".

## Four Counties Health Services Foundation thanks you for your support

ALL DONATIONS SUPPORT OUR YEARLY COMMITMENT TO THE FOUR COUNTIES HEALTH SERVICES.

IF YOU REQUIRE FURTHER INFORMATION CONTACT

**FCHS FOUNDATION OFFICE**  
**519-693-7111 X 2501**

<p>PLEASE HELP SUPPORT THE</p> <p><b>Four Counties Health Services Foundation</b></p> <p><b>Employee Pledge Form</b></p> <p>PI edge Forms available</p>	<p>PLEASE HELP SUPPORT THE</p> <p><b>Four Counties Health Services Foundation</b></p> <p><b>Grain Pledge Program</b></p> <p>PI edge Forms available</p>
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## Glencoe Lodge No. 133 donates \$400 towards Ultrasound Campaign

**FRONT ROW LEFT TO RIGHT**  
Front Row Cecil Maddock, Harold Whitbourn, Laura James Diagnostic Imaging Team Leader & Gregory Pole

**BACK ROW LEFT TO RIGHT** Debbie Munn, FCHS Foundation, Charles Pole, Stuart McCallum, Ron Crawford & Jim Henderson



## Glencoe Pharmacy 3rd Party Fundraiser

Glencoe Pharmacy is working with Buzz Co International Inc which support local charities.

Glencoe Pharmacy staff chose FCHS Foundation as their charity to support. **You can bid on a picture like the one in the photo located in their store.**



Pictured here is Sherry Grant-Pharmacy Technician

## Bothwell Firefighters Association donates \$500 towards Ultrasound Campaign



Jay Butler, Rob Browne, Trevor Neve, Tom Codyre, Bob Hamilton FCHS Foundation Board Member, Chris Sterling & Kurt Newport

## West Lorne Foodland Car Wash raised \$311 towards the ultrasound campaign



Debbie Munn, Steve Browne, Brenda Browne & Tammy Kovacs Ultrasound Technologist FCHS

### YES! I would like to join the Monthly Giving Program

I would like to give \$ \_\_\_\_\_

**METHOD OF PAYMENT:** I authorize The Foundation of Four Counties Hospital to withdraw from my bank account through my financial institution on the 10th day of each month.

I have enclosed a VOID cheque     I prefer to use my credit card /     VISA     MASTERCARD

Card No.: \_\_\_\_\_ Expiry: \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_

You will receive a tax receipt at the end of the year. At any time you can change or cancel your monthly contribution by notifying

**The Foundation: 519-693-4441 x 2438**

At FCHS Foundation we appreciate your support and we treat your information will respect. We do not rent, sell or trade any personal information. The information you provide will be used to issue your charitable donation receipt and to keep you informed of events and fundraising opportunities in support of FCHS. If at any time you wish to be removed from our mailing list simply contact us: 519-693-4441 ext 2438 or [info@fchsfoundation@mha.tvh.ca](mailto:info@fchsfoundation@mha.tvh.ca)