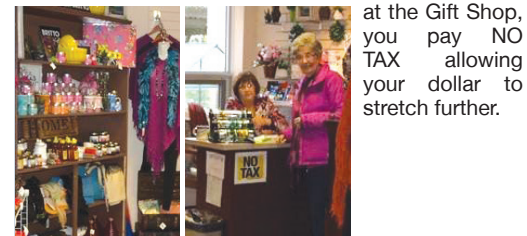


FCHS Auxiliary Update

Summer Fashions Arriving Weekly

Spring and summer inventory is arriving weekly at the FCHS Gift Shop. Summer cover ups, capris and accessories including hats, scarves and beach bags are available in vibrant summer colours along with décor items that reflect the warmth of sand & surf. Say goodbye to winter with fun greenery & florals that create the perfect summer entertaining environment: Visit us and see our great gift ideas, and remember



at the Gift Shop, you pay NO TAX allowing your dollar to stretch further.

FCHS Auxiliary Strawberry Social at FCHS's 50th Anniversary

Join us at FCHS on **Friday, June 9th from 1-3pm** for our Strawberry Social, sponsored by the FCHS Auxiliary.

Groups are welcome to attend this function. Please let us know that you are coming and we'll reserve seating for your group. (519) 693-7111 Ext 2414

Adult Day Program

The Adult Day Program at Four Counties Health Services is a day away meeting place for seniors and disabled adults. The Program provides a safe and caring environment with trained and knowledgeable staff. It offers daily respite for family caregivers while providing a fun, active, educational and comforting atmosphere for their loved ones. The program runs each Wednesday, Thursday and Friday from 10AM to 3PM. For \$10/per day, you or your loved ones can enjoy entertainment, games, exercise, crafts, educational topics, socialization, a hot meal, and snacks. Transportation can also be provided for a minimal fee through Four Counties Transit. **For more information on this great program, please contact Renee Kleinjan @ 519-693-7111 Ext.2443.**

Adult Day Program clients enjoying an afternoon of activities out on our patio.



Spring Bazaar SAVE THE DATE

Monday, May 1, 2017 from 10am-3pm.

The FCHS Auxiliary is holding its annual **Spring Bazaar & Deli Style Luncheon on Monday, May 1, 2017 from 10am-3pm.**

Whether you're attending in person or as a group, start in the FCHS Lobby. There will be new vendors with great summer entertaining ideas and products. Stop by the popular bake and book tables as well as the Gift Shop, stocked within an array of fun summer ideas and fashions. Take a break from shopping and join us for our Deli Style Luncheon starting at 11:00 am. It's **Still only \$5.00** and includes your choice of one of 3 fresh & delicious homemade soups, a choice of sandwich with fixings, dessert and beverage. Meals can be ordered to go. We hope to see you there.
Now accepting vendors; call Jackie @ (519) 693-7111 Ext 2414.

RAFFLE TICKETS FOR 2 BARBECUES

It is springtime and time to start planning your summer gatherings. To get started, the Auxiliary is raffling **two** stainless steel/black Broil King BBQs - one natural gas and one propane. Each BBQ is valued at \$699. The barbecues are equipped with reversible heavy cast iron grids and electric powered rotisseries. Heat is 0 to 600 degrees in just minutes...."Now that's Smoking Hot Cooking". BBQs are on display with tickets in the front lobby and in the ED waiting area. Tickets are \$2.00 each or 3 for \$5.00. Don't be disappointed; there are limited tickets printed. Don't miss out on this great chance to win one of two barbecues. The Auxiliary acknowledges **Dowler-Karn Sarnia/Chatham** once again for donating these amazing BBQs. Thank-you **Dowler-Karn**; we appreciate your generosity to our cause.

Winners will be announced at the FCHS 21st Annual Golf Tournament at Wardsville Golf Course on July 14, 2017. Proceeds of the raffle will support the purchase of necessary patient care equipment at FCHS.

Visit our Bookstore Today!

Visit our thriving little bookstore, SW Ontario's best kept secret. Newly donated books are arriving daily.

Select from mystery, romance, gardening, cooking, self help, biographies....whatever your fancy, we've got you covered.

Gently used books are always welcome.



URGENT NEED FOR VOLUNTEERS

We are in urgent need of volunteers for our Gift Shop and Nevada Ticket sales. If this type of work interests you and you have a day a month or more to spare, we'd love to speak with you. Please call today (519) 693-7111 Ext 2414 or visit the gift shop for more information. At FCHS we value, respect and depend on our volunteers!

Give us your feedback about the Newsletter:
info.fchsfoundation@mha.tvh.ca

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FCHS FOUNDATION 2017 SPRING/SUMMER APPEAL

Active Care Appeal

Since January 2017, Kim Jenkins has been providing interim nurse leadership at Four Counties Health Service (FCHS) and is making a positive impression. Kim's role includes patient care manager responsibilities at both of the Middlesex Hospital Alliance's (MHA) sites. At FCHS, Kim manages the ACNU, ED and Ambulatory Care areas. At Strathroy Middlesex General Hospital (SMGH), Kim is responsible for the patient care of the ED, Ambulatory Care, Endoscopy and Respiratory Therapy areas.



Kim's continued dedication to the MHA, pragmatic leadership style and passion for patient care will ensure continued nursing support and a clear connection with our communities. Kim is providing nursing staff with positive mentorship and customer service based leadership while in alignment with the MHA's Vision of "Exceptional care by exceptional people". Kim is committed to providing a supportive environment for patients, families and staff.

"It has been a privilege providing support at FCHS and getting to know the wonderful staff and patients that FCHS catchment area serves. What a vibrant community we have."

"I am proud of the tremendous dedication and commitment of our health care team and volunteers in delivering quality care to our community. With this care comes the need for modern state-of-the-art equipment and technology. It is through the community and Foundation's support that we are able to provide this exceptional care."

We hope that you will share our enthusiasm for Four Counties Health Services continued growth, and that you will consider generously supporting FCHS Foundation's Spring/Summer Appeal to help achieve further medical equipment needs for our Four Counties hospital.

Kim Jenkins

Kim Jenkins
Patient Care Manager

Patient Bath Tub - \$25,500

Clinical evidence has shown that taking a hot bath has a lot of benefits including, pain relief, enhanced mobility, reduction of symptoms in skin disease, as well as improved psychological wellbeing.



iSTAT Handheld POC Analyzer - \$15,000

Point of Care mission critical instrument which provides acute laboratory test results.



VersaCare MedSurg Inpatient Bed - \$8,800

The bed will benefit in over census situations in ACNU. It offers state-of-the-art technology, enabling high quality care for patients.



Over Bed Tables (17 units) - \$7,500

Ensures proper functioning of over-bed tables for patient safety and ease of usability.



Total \$56,800

Spring/Summer Appeal



YES! Here's my gift to help support the Active Care Appeal.

Donation Amount: \$ _____

Payment Method: CHEQUE VISA MASTERCARD

Name: _____

Address: _____

City: _____ Province: _____

Postal Code: _____

Card No.: _____ Expiry: _____

Signature: _____

Email: _____

YES! I would like to join the **Monthly Giving Program**

CHARITABLE REG. # 11892 9546 RR0001

1824 Concession Dr., R.R. #3 Newbury, ON N0L 1Z0

Tel: (519) 693-4441, ext 2438 Fax: (519) 693-7084 Email: info.fchsfoundation@mha.tvh.ca

Volunteer Board Members

- Paula Downs - Chair
- Nick Vander Gulik - Vice Chair
- Terry Eckersley
- Tim Hamilton
- Tom Jeffery
- Steph Ouellet - FCHS Site Director
- Dawn Butler - MHA Board Rep
- Sue McLean - SMGHF Rep
- Jackie Herdman - Aux Rep
- Martha Wortner - Admin Assistant

Interested in Joining the Four Counties Health Services Foundation Board?

Four Counties Health Services Foundation, located in Newbury, is responsible for developing relationships and raising funds to support the Four Counties Health Services site.

The Four Counties Health Services site provides primary hospital care services in the western half of Middlesex County, parts of Elgin, Chatham-Kent and South East Lambton Counties.

Four Counties Health Services Foundation Board of Directors is in the process of recruiting new board members due to the expiry of board member terms. We invite applications from persons who reside in the area and are interested in using their expertise to make a difference in their own community.

If you are interested in joining the Four Counties Health Services Foundation Board, we would like to hear from you.

On behalf of the board of Directors, we invite you to contact:

Martha Wortner
519-693-4441 x 2438
martha.wortner@mha.tvh.ca
1824 Concession Drive,
Newbury, ON N0L 1Z0

A Message from the Board Chair



Over the next coming months, the Middlesex Hospital Alliance (MHA) is expected to roll out its long term Strategic Clinical Service Plan for Four Counties Health Services (FCHS). The foundation eagerly awaits this plan and is prepared to work with the MHA to assist in supporting a long-term vision for FCHS to ensure our community needs are met.

The success of the 2016/2017 Medical Equipment Appeal and past campaigns are excellent examples of communities, municipalities and friends of FCHS diligently working together to obtain and maintain hospital needs for FCHS to bring care closer to home.

This spring, the foundation commences a 2017/2018 appeal, which for the first time, together with clinical/medical equipment, includes an information technology (IT) component. It has become a very important part of providing patient care. It is critical in supporting clinical devices such as heart monitors, vital signs monitors and general day to day support.

The community's support over the last number of years has made it increasingly possible for FCHS Foundation to commit funds to FCHS to ensure site needs are met. The Foundation firmly believes that the strong community support over recent years will continue to grow. We sincerely look forward to developing and maintaining strong relationship ties with local municipalities, services clubs, private businesses and individuals in our community. We continue to be firmly focused on supporting our community hospital.

If you have spare time and you are looking to volunteer, the Foundation is always looking for volunteer board members. If you are interested in being a Governor of the Foundation, please contact Martha Wortner for more details about the responsibilities involved in being a Governor on the Foundation Board. You will make a difference.

Don't forget to check out the upcoming events on our website at www.fchsfoundation.ca. Your unwavering support of the Foundation and Four Counties Hospital is greatly appreciated. Please do not hesitate to contact the Foundation Board with any questions or concerns you may have.

Paula Downs FCHS Foundation – Board Chair

FCHS Hospital Update



The spring season always brings a renewed sense of optimism. FCHS is no different in that regard.

This season, we welcome Dr. Colin McCabe who will be starting his family practice at our organization. Both he and Dr. Sharma will be located in newly renovated space near the front lobby of the hospital.

In December, FCHS had the pleasure of hosting the first concert of the Intergenerational Choir. It was a pleasure to partner with Alzheimer's Society, Voiceprints Choir, and the Glencoe District High School in this community initiative.

We have also been preparing to celebrate an important milestone for our hospital: our 50th anniversary! Please mark your calendars for June 9th and 10th, 2017, where we will host a variety of activities, recognizing the past, present, and future of our facility!

Lastly, we have completed the purchase of all items which were funded by the FCHS Foundation last year. As a result of your donations, our Emergency Department, Inpatient Unit, and Palliative Care Suite now have several new pieces of equipment to better serve you.

Thank you again for your ongoing support to the success of FCHS!

Steph Ouellet
FCHS Site Director/VP Strategic Partnerships

FCHS Foundation 2016/2017 Medical Equipment Appeal \$138,500

<p>3 Vital Sign Monitors A critical hospital monitor which oversees patient vital signs \$14,000</p>	<p>3 Ceiling Lifts for Patient Rooms Provides an easy-to-operate system that eliminates the need for manual lifting, thereby reducing the risk of injuries to caregivers \$23,000</p>
<p>Double Palliative Care Bed A larger double bed allowing families to be closer to their loved ones \$15,000</p>	<p>CADD Pump An CADD pump puts the patient in control of their pain management by making the medication readily available in a safe and effective way \$6,000</p>
<p>Automated Drug Dispensing Cabinet Automated dispensing cabinet: enhancing patient safety using bar coding technology for medication dispensing \$60,000</p>	<p>Ultrasound Reprocessing Area An environmentally friendly, efficient system for the complete high-level disinfection of ultrasound transducers \$20,500</p>

Four Counties Health Services continues to look ahead, towards the future. Your commitment means that we have been able to add new state-of-the-art medical equipment to our Palliative and Active Care Patient Unit, all of which provide the capacity of keeping "Care Closer to Home".

FCHS Foundation is pleased to have contributed to the addition of this state-of-the-art patient care equipment for our hospital. Special thanks to all the individuals, organizations and businesses that made this a reality.

FCHS RECRUITS FAMILY PHYSICIAN

Four Counties Health Services (FCHS) is pleased to welcome a new permanent full time physician, Dr. Colin McCabe, who will be joining Dr. Subhash Sharma's existing family practice.

Born and raised in Dresden, ON, Dr. McCabe moved to Australia to complete a medical degree from Monash University, located near Melbourne. He was chief resident of the rural medicine program at Western University where he completed his family medicine training with interests in emergency and sports medicine. His hobbies include golf, hockey, fishing, and travelling. Colin will also be supporting our inpatient unit, and work in the Emergency Department.

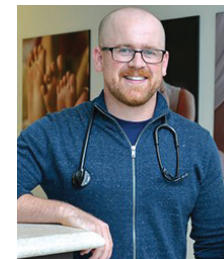
"FCHS is excited to welcome Dr. McCabe to the organization. As an integral part of the renewed vision for patient care at FCHS, his arrival greatly improves our ability to provide health care to our community. Physician recruitment is a daunting challenge throughout the country and FCHS is very pleased to welcome Dr. McCabe," says Steph Ouellet, VP Strategic Partnerships and FCHS Site Director.

Dr. McCabe began supporting the emergency department in 2016, and will begin his family practice shortly after renovations are completed in early spring 2017. To become a member of Dr. McCabe's family practice, please call 519-693-7058 and leave a message.

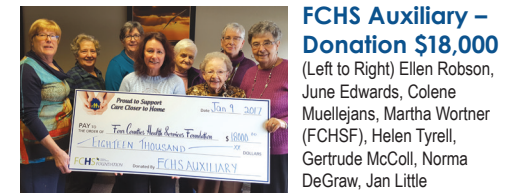
"We are extremely pleased to welcome Dr. McCabe," said Todd Stepanuk, President and CEO. "His arrival will help solidify the family physician complement for the four counties catchment."

Dr. McCabe shared the following: "I am very happy to have the opportunity to establish my practice here." FCHS is an outstanding hospital, well equipped, with excellent staff. I received a very fast and warm reply and welcome from the Hospital. The impression I received from the hospital, the community and the physicians was very positive. Rural practice has always appealed to me.

"The addition of Dr. McCabe to the team at FCHS will be a great help with coverage in the ER and the inpatient unit," said Dr. Jon Dryer - Deputy Chief of Staff, Middlesex Hospital Alliance. "We are certain our patients will truly appreciate his commitment and passion to improving their health and wellness."



Dr. Colin McCabe



FCHS Auxiliary – Donation \$18,000
(Left to Right) Ellen Robson, June Edwards, Colene Muellejans, Martha Wortner (FCHSF), Helen Tyrell, Gertrude McColl, Norma DeGraw, Jan Little



Kiwanis of West Lorne – Donation \$2,500
(Left to Right) Martha Wortner (FCHSF), Louise MacPhee (President West Lorne Kiwanis), Gary VanKooten (Lt. Governor Div 4 Kiwanis Club, Steph Ouellet (FCHS Site Director)



Glencoe Curling Bonspiel – Donation \$1,200
(Left to Right) Kevin Feasey, Martha Wortner (FCHSF), Ken Robertson, Ron Hills



Knights of Columbus – Donation \$500
(Left to Right) Martha Wortner (FCHSF), Rodney Papak (Knights of Columbus 7251 Thamesville), Steph Ouellet (FCHS Site Director)

FCHS CELEBRATES OUR 50TH YEAR ANNIVERSARY

SAVE THE DATE & HELP US CELEBRATE



Since opening our doors 50 years ago, Four Counties continues to support our surrounding communities by providing excellent health care close to home.

Please join us on June 9th & 10th as FCHS proudly celebrates its 50th year anniversary by recognizing our past, our community, our future and celebrating our vibrant communities. There will be something for everyone of all ages.

FRIDAY, JUNE 9TH 10-4
Celebrating our Past; Hospital Tours, Auxiliary Strawberry Social, Car Show, Staff, Volunteer & Physician Reunion

SATURDAY, JUNE 10TH 10-4
Celebrating our Communities; Hospital Tours, Lions BBQ, First Responders, Entertainment, Children's Activities & Contests.

Four Counties Health Services
1824 Concession Drive, Newbury, ON

For more information, please contact
jackie.herdman@mha.tvh.ca
or call (519) 693-7111 Ext 2414

YES! I would like to join the Monthly Giving Program

I would like to give \$ _____

METHOD OF PAYMENT: I authorize The Foundation of Four Counties Hospital to withdraw from my bank account through my financial institution on the 10th day of each month.

I have enclosed a VOID cheque I prefer to use my credit card / VISA MASTERCARD

Card No.: _____ Expiry: _____

Signature: _____ Date: _____

You will receive a tax receipt at the end of the year. At any time you can change or cancel your monthly contribution by notifying

The Foundation: 519-693-4441 x 2438

At FCHS Foundation, we appreciate your support and we treat your information with respect. We do not rent, sell or trade any personal information. The information you provide will be used to issue your charitable donation receipt and to keep you informed of events and fundraising opportunities in support of FCHS. If at any time you wish to be removed from our mailing list, simply contact us: 519-693-4441 ext 2438 or info@fchsfoundation@mha.tvh.ca

SAVE THE DATE

Friday, July 14th, 2017

2017 FCHS Foundation Golf Tournament